

May 2009  
Issue 132

# Free Flow

The magazine for LSAC

## In This Months Issue

Latest News  
Challaborough, Seychelles,  
Marsa Alam  
Calendar / Programme

Cover Photo: Stingray in Seychelles  
By Deanna Packham



## CONTENTS

- Page 1**  
Cover
- Page 2**  
Editors Bit
- Page 3**  
News
- Page 5**  
Chairperson's Knock
- Page 5**  
DO's Bit
- Page 6**  
Trip Planning /  
Challaborough
- Page 8**  
Seychelles
- Page 11**  
Marsa Alam
- Page 14**  
Statistics
- Page 16**  
Calendar
- Page 17**  
Training
- Page 18**  
Boat Bookings



Free  
It should be

# Free Flow

## Buddies

Our Ressussi-Annie has been a bit poorly recently (talks about burying her at sea!). So a dissection was held, and it was decided to make the best we could of the many pieces that resulted.

This was one of the many options... not so much of a Ressussi-Annie as a Ressussi-Franni (!)

Check on the future courses to see if this version is the model selected.



## News Views Announcements Rumours and Letters... and e-mails

(And still there have been no letters)

### Miss Blaby Tries Diving

The annual visit of Miss Blaby was upon us, unfortunately Roger (self acclaimed 'Best Female Instructor' in the club) wasn't available... so his protégé Mike Flatt volunteered as his understudy. Miss Blaby (Lori) arrived with a friend - but without her 'minder' so Mike had two people to take in. I was fortunate to be asked to take the photos underwater - and thanks to Mike Hill for the above water shots.



Judging by the range of expressions that Lori made she went through a whole range of emotions - but overall I believe Lori & friend enjoyed their try-dives. You never know we could gain a member or two.



\*\*\*\*\*

Not enough for a full page of Volnay 'Dobbins' – but I had this e-mail from Steve:

*Hi Buddies,*

*Well, despite a busy weekend with 17 divers on board the 2 boats we have nothing to report for the Volnay award. Dodgy backs, falling over kitted up comes close but a bit too painful to qualify, no mask/hood that makes it tough to dive but alas !! nothing really to qualify.*

*All I will say is, don't forget there is a prize for the best dobbin so come on buddies get dobbling.*

*Regards Steve Evans.*

*PS Bash great idea to take the bike in case of a blow out!!!*

\*\*\*\*\*

And Another e-mail: **RUGBY BEER FESTIVAL**

*Some of us who did the Church End Brewery trip discussed going to the Rugby Beer Festival for a 'social! Well, the time has come. It is on from the 7th to the 10th May i.e. now. If you don't get Freeflow until after Saturday, you've missed it! Purely for research purposes, I shall be there on Saturday Afternoon from about 4 o'clock as this is usually a fairly quiet time. The festival web site is [www.rugbybeerfestival.com/](http://www.rugbybeerfestival.com/)*

***Venue - Rugby Thornfield Indoor Bowling Club***

***Address: Bruce Williams Way, Rugby, CV22 5LL.***

***If you should wish to contact ME, although heaven knows why, my number is 01788 510237***

***Phillip Litchfield***

\*\*\*\*\*

**Births:** Phil Litchfield also reports that one of his sheep (Kim) *"gave birth recently to a beautiful bouncing girl(ewe) Hooray!!!"*  
*(Should we be sending flowers from the club?!!!)*

\*\*\*\*\*

### **Diver Qualifications**

Congratulations to Richard and Kath Hall, they are both now fully qualified rebreather divers.

Watch out for more Yellow Box sightings on Club trips!

\*\*\*\*\*

### **Forthcoming Birthdays for May**

Sophie Whittingham

Phillip Litchfield (and it was a 'big' one – Phil says he will be celebrating (belatedly) at the aforementioned Rugby Beer Festival!)

Mary Pearson

Tim Deacon

Paul Armstrong

Kevin Parker

### **And for Early June**

Catherine Cooper

William Pickup

David Goddard

\*\*\*\*\*

Finally, following my trip to Bonaire last year (see Issue 126 of Freeflow (Nov 2008) for the full report) we are planning to go again this September. It's quite expensive (about £1.5k) but there is as much great shore diving as you could want. If anyone is seriously interested in joining us this year then contact me as soon as possible.

**I anJ**

### Chairperson's Knock. - April 2009

We are now entering our busy period for dives and it is pleasing to see a good mix of trips being organised within the branch which i think is a result of the positive atmosphere within the club and hard work of a number of people in organising trips.

We had a committee meeting this week and there were some concerns among the committee members that we are seeing less people prepared to commit to trips than we need. Fresh trips are an important part of the running of the club and the hard work put in by trip organisers cannot be under stated. I realise that times are currently tight, but it also helps in your own diving to go on sea trips, as your experience cannot be solely made up of dives at the Cove. Over the years i have tried to visit every notable dive site in the UK and if you plan to get into trip organising in the future you need to know where everything is. This includes the best pub for dinner, the location of the dive shop and what time the harbour master opens up to take his fee. You only really gain this knowledge through visiting different sites and harbours and understanding the layout of particular diver areas.

We are now in the middle of a try dive campaign and as ever we need a steady flow of new members to maintain club income. In the coming months we will need to place more attention on recruitment, either of existing divers, who we have been very successful in attracting in recent years, or of those fresh to the sport. Anyone one with good ideas please let us know as we need to adapt to a changing diving landscape and maintain the equipment and diving we offer.

Phil Turney April 2009

### DO's bit

As I am sure everyone is aware, we have now taken delivery of the New Boat:

#### **Chilly Dip**

I an included some photographs in the last edition, which were taken during the commissioning weekend in Plymouth. Mike has now completed the secondary fitting out, adding all the bit's and pieces to make it 'ours', and it is now fully ready, and has in fact completed 2 trips to Challaborough and Plymouth.

We do still have one outstanding issue. That is power. The larger engine should give us much more power and make it much easier to get the boat up onto the plane. At present this is just not happening as we think it should. We are currently making adjustments, which we hope will solve the problem. If not Ribcraft will be joining us at Weymouth for further tests to resolve the matter. Oddly enough, we had similar problems when we bought Lucky Dip. You'd think that RIB manufacturers would be able to set up every configuration without a trial and error exercise wouldn't you?

There are plenty of weekend dive trips planned for the summer. Everyone does however seem to be slow to commit themselves. I think this is inevitable given the current financial climate. Be assured that the Dive Trip Organisers are making every effort to reduce costs as far as possible to give us all the opportunity of doing as much diving as possible.

A final point.: Whenever diving anywhere near surface activity, please make sure you always use an SMB at all times. The Farne Islands are a prime example of such a place where the waters are very busy.

**Nigel**

## Planning a Dive Trip

### Easter At Challaborough

The Easter trip started for me back in January when it was decided for me that I was going to run a trip over the Easter Weekend. Thanks Claire !

My first choice was where could we possibly go? The answer was fairly straightforward - Challaborough in South Devon, as we had been there twice over the previous dive season so I knew exactly what the set up for diving was and it would be a reasonable place to take families. A short phone call to our friends at Tai Dive and our air, boat launching/recovery and an offer to help with our accommodation was all sorted.



Now for the difficult bit of any trip, I had to get approval from our DO and then try to fill the trip with divers. The DO bit was very straightforward as was filling the trip with divers. Within a very short time I ended up with 17 divers, some with families, I was only expecting 10 so arranging diving and accommodation was going to be a bit of a headache. It was at this point I closed the trip and began to source the accommodation so yet more phone calls, only to find out that the site was just about full - well it was Easter. I finally managed to get an offer of the last 3 caravans and the last 2 chalets available, this would just about fit our requirements, so I made the booking.

Now the diving part. First up tides, again straightforward thanks to the internet. The dive sites gave some problems due to the fact we would be diving on springs giving a lot of water movement, so diving was going to be limited to within the bay. At this point with about 5 weeks to go I received an offer too good to turn down from Mike, Clare and Neil and not forgetting Kath, to help arrange the diving. So a Sunday afternoon seemed a good time to come over to our house and help out. I think the offer of food helped! After about 5 hours of pouring over charts, lists and guides, with bellies full of food topped of with a very nice chocolate cake from Mikes' wife, Sheila, I was getting there. We had managed to sort all the dive buddies, dive

waves and the cox's as well as some of the dive sites. If the trip runs to plan it will be a miracle! So off to my computer for a night of typing up all the details arranged so far ready for hand out.

Now for the boat bit. I was going to tow 1 boat and Mike offered to tow the other so this should be easy, how wrong could I have been. The club decided to sell Lucky and replace her with our new boat Chilly Dip, a boat that is totally unknown to us all. So this gave a long list of problems to overcome, one being that the coxes needed some familiarisation with her. With delivery being only two weeks before we set off for Challaborough a quick trip was set up by our DO to Plymouth to give us just what we need to allow Easter to happen.

With all the details now finalised and with just over a week to go I called a meeting of all trippers to hand out the dive plans and answer any questions that may arise.



So now it's Good Friday and we all head for the M5 at various times, some decided to set off early to try and beat the traffic queues at Bristol, yes that was me and for those that hit all the traffic the 4.30am alarm call was well worth it. Being the first to arrive I had a quick tour of the site to find all the different accommodation. With us having the last available units it's not a surprise that we haven't got the best on the site and we are all spread out but we will just have to put up with what's on offer. With Skinny parked in her allocated space I turned to my phone to see where everybody else was to find no phone signal! How good was this going to be, a holiday with no phones, what I didn't realise was that it would take me over an hour to go round and see everybody and pass on any info that I needed to.

Eventually with everybody here and having had a good nights sleep!!! Its time for my first brief prior to the days diving. After a number of divers dropping out of some of the days diving a quick change of buddy pairs and off we go, boats in and loaded, engines started and away we go.

After the days diving it was boats out, dive managers sheets checked to make sure all the important dive info was on and then the boats are refuelled for the following day. Then after showers it's off to find food and sample the local tittle followed by a good nights sleep.



Over the next three days I was met with more and more divers dropping out with the final day only having 10 divers left. The only part of my original plans left was the dive sites and voyage plans, why did we bother? After all the diving is complete it's back home to my computer to do the accounts for the trip. This is one of the last jobs of the dive trip organiser but is essential.

I'm almost certain that there will be an Easter in the calendar next year so does anybody fancy volunteering to organise a trip for it?

Rich Hall



## Stories from the Seychelles!



I have recently been lucky enough to spend 6 weeks volunteering on a marine conservation and research expedition in the Seychelles. This was arranged through an organisation called Global Vision International (GVI), and was a really amazing experience, hard work but extremely rewarding!

Our day started at 6.15am, and we would dive twice a day, surveying the coral reefs around the Baie Ternay area of the

Seychelles. If you were not diving, you had other duties around the base, ie filling diving tanks, kitchen (cooking for 30!), general cleaning and boat duties. The days were extremely busy and usually finished at 8pm. Living with 30



people 'Big Brother' style, in very basic accommodation (8 people in a mixed dorm) was also an experience, but great fun!

The diving was the main highlight! On my arrival I took my Advanced PADI Open Water course, and passed with flying colours thanks to all the training I had received back home with my BSAC Ocean Diver course. Diving in 30°C water with excellent visibility was a completely different experience from diving back in Stoney Cove, in a drysuit!





I had to pass a coral identification exam and obtain 95% or above in the written exam, and be able to identify coral underwater and gain a 100% pass record. I am pleased to say I passed both! I could then start the surveys!

The group were surveying the coral reefs on a daily basis, looking for new coral growth and recording our findings. As well as the surveys, we also had weekly turtle spots, and obtaining plankton samples on what was known as the 'plankton pull'. This involved pulling a 50m rope, with weight and canister (where the samples would be collected) attached, in as fast as



you can – I managed 72 seconds! Not bad considering I could just carry the weight!

My diving has greatly improved, I would never have believed I would be rolling off a boat backwards, diving upside down whilst writing details of coral on a slate, and 'kitting up' without even thinking twice, it all became second nature. Some days I could hardly believe this was 'my job' for the 6 weeks, I felt extremely lucky. My confidence has definitely grown, and also my love for diving, from travelling out with 8 dives under my belt, I now have 39! I definitely feel more confident about my buoyancy skills, but fully appreciate diving back in a drysuit will be completely different again!

I have also discovered a love for filling tanks! A usual shift would last from 1 – 1.5 hours. This was a good opportunity to

spend some time on your own, listening to your I-Pod, and reading! I also had the opportunity to 'gut a fish' (something I have never done and would you believe, enjoyed!), to husking a coconut – which is harder than it looks!

I have seen some truly amazing things: bump head parrotfish, lemon sharks, reef sharks, rays (*See Front Cover – Ed*) and a Hawksbill turtle laying eggs (and dragging me down the beach! But that's another story).

The whole experience was truly amazing, and one which will always stay with me!

Deanna Packham

## MARSA ALAM - SOUTHERN EGYPT - MARCH 2009



**Guitar Shark - Abu dabab**

Coraya Divers, a German outfit manned mainly by Egyptian instructors and dive leaders handled the local scuba activities. It was efficient enough if a bit impersonal.

All the reefs we visited were stunning, there were hard and soft corals in a wide variety of colours and the fish were as numerous as anywhere I have been before. We saw dolphins, guitar sharks and numerous turtles. Luckier divers can see oceanic white tip sharks and dugongs.

One of the better differences to Sharm is the way diving law is interpreted. In Marsa Alam certified divers can buddy up and dive without a

guide. This is of particular benefit to photographers as you're not always stopping and having to catch up with a group. The

Having spent two great holidays in recent years in Sharm, we decided this spring to try another Egyptian destination, Marsa Alam in the south of the country. The only airport serving this resort is Gatwick, but that's no great issue and the value for money appeared to be better than some of the more established sites.



**Mrs G - with Turtle - Abu Dabab**

**Notice the Remora**





Turtle and Sunburst

dive guides themselves are grateful - if you go out on a boat they can stay onboard and just pick you up when you surface. It must help enormously with their accumulated nitrogen loading.



Anemonefish & Coral



Mrs G with friendly clownfish 'Dolphihouse'

There is also no shortage of people with Rhibs who speed over to any dsmb to pick up surfacing divers!

I managed eleven dives (my wife a few less as she isn't so fanatical as me



Twin Spot Snapper 'Marsa Alam'

to spend the whole holiday underwater). Visibility at just 10 -15 metres with much backscatter could have been slightly better and water temperature of 23°C meant that I couldn't wear less than



Parrotfish



Anthias



Big Eye



Old Anemone fish

a semi dry. Later in the year the water becomes much clearer and warmer, and a 'T' shirt and trunks are sufficient thermal protection.

One disappointment is that our trip to Elphinstone (an offshore reef), officially one of the top ten dive sites in the World was cancelled due to bad weather. We've decided to return one October, when we are told that significant numbers of large sharks including Oceanic White tips can be seen on this dive.

I love Egypt because of the people (er...within the hotel complex, not outside it where persistent perfume and souvenir touts patrol the streets) the accommodation package, the diving and of course the weather.



Indian Lionfish



Masked Butterflyfish

Dave Goddard

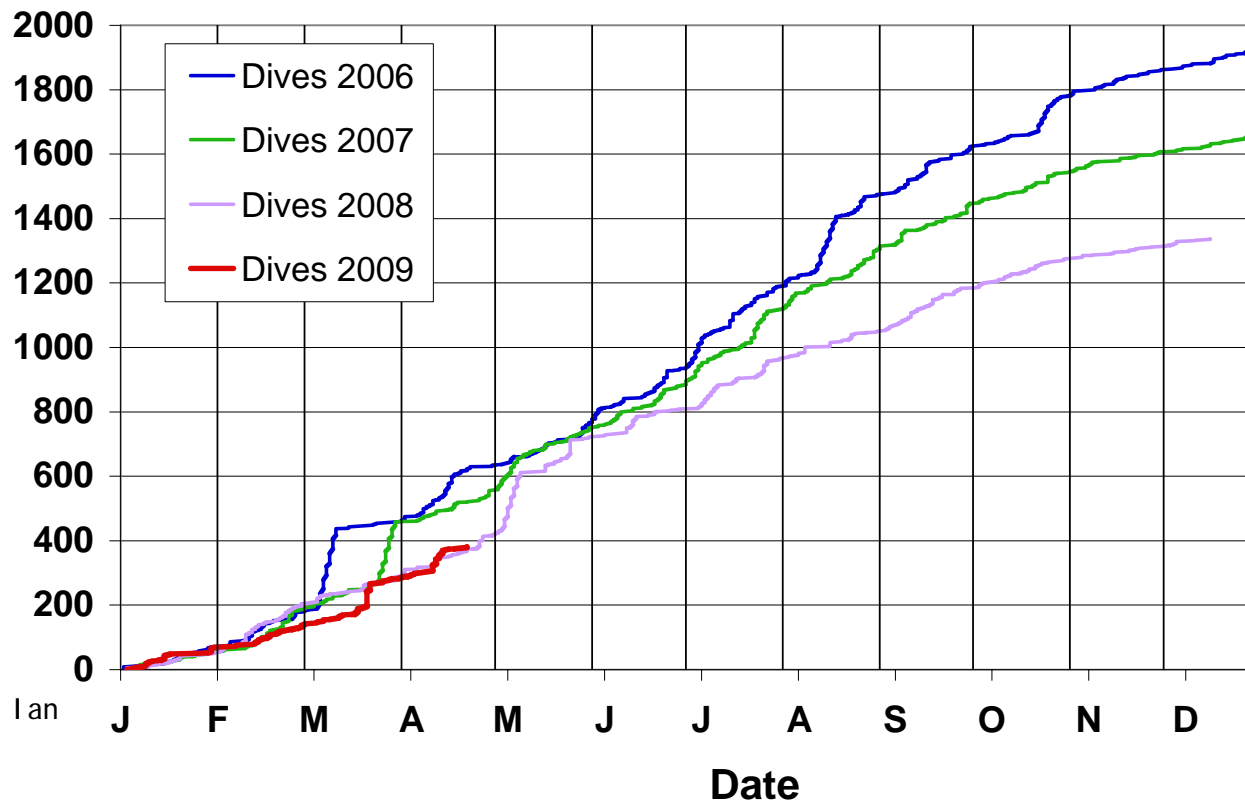
We can't wait to go back!

## Members Dives 2009 - The Women Are Out in Front!

With Deanna back from the Seychelles (having done many dives), and Fran remembering to put a few sheets in, we find ourselves with two ladies at the head of the chart, and in fact Kath (shown as 4<sup>th</sup> in the chart), I know she has done enough time underwater this last weekend to overhaul Derek which will mean there are ladies in the top three places!

Come on chaps we can't let this situation go on!

(Not that this is a competition of course!)



But seriously it is good to see the season finally getting underway, and the dive manager sheets coming in. As you can (hopefully) see from the graph on the left, the season got off to a slow start and we were below last year's level - which was our worst year.... Since records began!

Hopefully with a new boat to play with and better weather (please) then we should get the dive numbers up!

The chart on the next page shows all the dives to the end of last month... if you think you should have more dives against your name then let me know and I'll print out a resume for you.

Jennings May '09



	Number of Dives	TOTAL TIME (Mins)	TOTAL (Hours)	Instructor /Trainer Time (Mins)	Time x Depth Total	Club Arranged Dives	Inland Dives	Coastal Dives	Foreign Dives	Wreck Dives	Reef Dives	Drift Dives	Other Dives	Night Dives	Training	Instructor / Trainer	Maximum Depth	Average Depth	Minimum Dive Length	Maximum Dive Length	Average Dive Length	0-10	10-15	15-20	20-25	25-30	30-40	40-50	50+		
Packham Deanna	36	1468	24.5		17947	5	5		31		31		5		4		24.4	12.8	11	54	41	10	17	4	5						
Duinker Fran	30	1416	23.6	587	27216	13	9	9	12	3	18		9	1	12	12	43.0	18.8	20	72	47	5	5	4	11	2	2	1			
Marshall Derek	25	1037	17.3		18099	7	3	10	12	5	15	2	3		1		31.3	17.4	21	64	41	3	7	5	8	1	1				
Hall Kath	24	1021	17.0	105	16050	24	13	11		2	9		13		11	4	31.4	15.4	17	66	43	7	5	2	8	1	1				
Hall Richard	20	896	14.9	106	15415	20	11	9		1	8		11		10	3	31.1	16.7	21	66	45	3	5	4	6	1	1				
Barnard Peter	24	820	13.7	286	15772	24	15	9		4	5		15		9	9	36.6	19.5	15	45	34	3	5		12	1	3				
Jennings Ian	15	716	11.9	25	13763	5	2	3	10	2	11		2		1	1	28.3	18.3	25	61	48	3	1	5	4	2					
Johnson Bill	22	688	11.5	95	12433	16	14	8		1	7		14		3	3	35.9	18.2	17	47	31	6	2	2	9		3				
Hill Michael	19	612	10.2	75	9816	19	12	7		2	7		10	1	3	3	36.0	15.8	20	45	32	6	3	1	8	1	1				
Parker Kevin	11	571	9.5		17611	3	6	5			3		8		4		64.0	28.0	31	72	52	2	1	3			1	3	1		
Whymant Daryl	17	520	8.7		8224	17	7	10		3	8		6	1	7		21.7	15.8	2	52	31	4	3	1	9						
Spickett Nigel	19	500	8.3	390	9534	19	17	2		1	1		17		16	16	30.0	19.4	6	43	26	1	4	1	11	1	1				
Stevenson Andy	13	491	8.2		8646	9	9		4		3	1	9		6		21.8	18.0	26	54	38	2		5	6						
Tucker Bob	10	303	5.1		4065	6	4	6		3	6		1		3		18.0	12.8	2	44	30	4	1	5							
Shaw Samantha	9	302	5.0		4391	9	6	3		1	2		6		2		30.0	15.1	25	42	34	3	3		2		1				
Beesley Steve	10	286	4.8		4967	10	5	5		2	3		5		2		31.5	15.9	5	45	29	4	2		2		2				
Deacon Tim	7	260	4.3		4405	7	3	4		1	3		3		1		21.5	16.9	32	47	37		3	2	2						
Holsworth Andy	6	199	3.3		2040	6		6			6				2		16.1	10.2	20	43	33	3	2	1							
Rooke Manfred	6	194	3.2		1937	6	6						6		6		13.7	9.8	25	36	32	3	3								
Drake John	5	189	3.2		2091	5		5			5						17.2	10.8	30	47	38	3	1	1							
Flatt Mike	4	184	3.1		3471	4		4		1	3						31.5	19.0	42	52	46		2		1		1				
Brown Claire	5	168	2.8		2879	5	1	4		1	2		1	1			31.2	18.1	28	42	34	1	1		2		1				
Urch Vicki	6	152	2.5		1766	6		6			6				1		16.5	9.1	2	41	25	4		2							
Taylor Chris	5	151	2.5		1631	5		5			5						15.7	9.3	2	47	30	3	1	1							
Brown Neil	5	147	2.5		2719	5	1	4		2	2		1	1			30.0	18.0	21	35	29	1	1		2		1				
Walford Barry	4	135	2.3		1746	4	2	2			2		2				19.5	12.8	32	36	34	1	2	1							
Evans Stephen	4	110	1.8		1183	4		4			4				2		13.3	9.3	2	44	28	2	2								
Johnson Meggie	4	101	1.7		1658		4						4				21.5	15.1	17	31	25	1	1		2						
Shaw Emily	2	68	1.1		1081	2		2		1	1						21.3	15.9	34	34	34		1		1						
Litchfield Phillip	2	57	1.0		1240	2	2						2				21.8	21.8	28	29	28				2						
Griffiths Paul	2	55	0.9		1172	2	2						2		2		21.4	21.3	24	31	28				2						
Perry Jack	2	54	0.9		1147	2	2						2		2		21.3	21.3	25	29	27				2						
Benton Simon	2	49	0.8		1504	2	2						2				35.4	28.2	16	33	24				1		1				
Bullard Alex	1	41	0.7		877	1	1			1							21.4	21.4	41	41	41				1						
Armstrong Paul	1	40	0.7		864	1		1			1						21.6	21.6	40	40	40				1						
Pearson Mary	1	39	0.7		644	1		1			1						16.5	16.5	39	39	39			1							
Price Robert	1	34	0.6		269	1	1						1		1		7.9	7.9	34	34	34	1									
Ford Steve	2	29	0.5		606	2	2						2		2		21.0	20.9	9	20	14				2						
Griffiths Charlotte	1	6	0.1		111	1	1						1		1		18.5	18.5	6	6	6			1							
TOTALS	382	14109	235.2	1669	240990	280	168	145	69	37	178	3	163	5	114	51						89	84	52	122	9	21	4	1		

**Lutterworth Sub-Aqua Club**  
**Program and Training Schedule 2008 - 9**

Date	Ocean Diver	Sports Diver	Dive Leader	Skill Development	Interest Evenings	Pool Training	Marshal	Trips/Weekends/Social	Date
7-Oct-08		ST 1 - Nigel S.				Try Dive		Night dive - Stoney 1st	7-Oct-08
14-Oct-08		ST 2 - Fran.				Try Dive		Night Dive Stoney 15th	14-Oct-08
21-Oct-08	Intro/OT 1 - Fran/Nigel.	ST 3 - Gary R.				Ocean diver training	Pete Barnard	No Night dive - Stoney 5th	21-Oct-08
28-Oct-08	OT 2 - Kath H	ST 4 - Phil T.				Ocean diver training	Steve Beesley	No Night dive - Stoney 19th	28-Oct-08
4-Nov-08	OT 3 - Neil B	ST 4 - Rich H			Dive Planning - arranging trips NS	Ocean diver training	Fran Duinker	Night dive - Stoney 19th	4-Nov-08
11-Nov-08	Open Forum	Open Forum	Open Forum	Open Forum	Open Forum	Ocean diver training	Neil Brown	Night dive - Stoney 19th	11-Nov-08
18-Nov-08	OT 4 - Fran	Catchup - Mike F			Dave Goddard - Malawi	Ocean diver training	Erica Clarke	Night dive - Stoney 3rd	18-Nov-08
25-Nov-08	Jim Tyson - PT - Leis Centre	Jim Tyson - PT - Leis Centre	Jim Tyson - PT - Leis Centre	Jim Tyson - PT - Leis Centre	Jim Tyson - PT - Leis Centre	Ocean diver training	Jason Day	Quiz evening 12th Dec.	25-Nov-08
2-Dec-08	OT 4 - Neil T	ST 5 - Pete Barnard.				Dry suit training	Fran Duinker	Night dive - Stoney 17th	2-Dec-08
9-Dec-08	Catchup/Revision - Rich H +	Catchup - Neil T. +			New Boat presentation - PW		Mike Flatt	Night dive - Stoney 7th	9-Dec-08
16-Dec-08	Photographic evening IJ + NS	Photographic evening IJ + NS	Photographic evening IJ + NS	Photographic evening IJ + NS	Photographic evening IJ + NS	Photographic evening IJ + NS	Christmas - no mtg.	Night dive - Stoney 19th	16-Dec-08
23-Dec-08	Christmas - no mtg.	Christmas - no mtg.	Christmas - no mtg.	Christmas - no mtg.	Christmas - no mtg.	Christmas - no mtg.	Christmas - no mtg.	Annual Dinner 24/01/09	23-Dec-08
30-Dec-08	New Year - No meeting	New Year - No meeting	New Year - No meeting	New Year - No meeting	New Year - No meeting	New Year - No meeting	New Year - No meeting	Quiz evening 12th Dec.	30-Dec-08
6-Jan-09	OT 5 - Pete Woodcock	ST 6 - Mike Flatt			Instr. Eve. - Buoyancy - FD.		Rich Hall	Night dive - Stoney 7th	6-Jan-09
13-Jan-09	OT 6 - Neil Tomlin	Catchup/Revision - Neil B			Buoyancy Course		Kath Hall	Night dive - Stoney 19th	13-Jan-09
20-Jan-09	OT 7 - Pete B	Exam - Fran.			Buoyancy Course		Mike Hill	Night dive - Stoney 19th	20-Jan-09
27-Jan-09	Revision/Catchup - Phil T.	Exam debrief			Buoyancy Course		Roger Holmes	Annual Dinner 24/01/09	27-Jan-09
4-Feb-09	Exam - Fran.						Dave Jaques	Night dive - Stoney 5th	4-Feb-09
11-Feb-09	Exam debrief				Boat Handling Theory - Nigel		Ian Jennings	Night dive - Stoney 19th	11-Feb-09
18-Feb-09	Mentor evening						Bill Johnson	Night dive - Stoney 4th	18-Feb-09
25-Feb-09					Boat Handling Theory - Fran		Mary Pearson	Night dive - Stoney 18th	25-Feb-09
3-Mar-09			DT 1 - Fran D		Boat Handling Theory - Neil B		Gary Rose	Night Dive - Stoney 15th	3-Mar-09
10-Mar-09			DT 2 - Neil B		Boat Handling Theory - Pete W		Sam Shaw	Spring bank holiday - no mtg	10-Mar-09
17-Mar-09			DT3 - Neil T.		Catch-up		Nigel Spickett	Spring bank holiday - no mtg	17-Mar-09
24-Mar-09		ST 1 - Fran				Sports Diver Training	Claire Brown	Spring bank holiday - no mtg	24-Mar-09
31-Mar-09		ST 2 - Nigel				Sports Diver Training	Richard Sykes	Spring bank holiday - no mtg	31-Mar-09
7-Apr-09		ST 3 - Gary R.				Sports Diver Training	Fiona Tomlin	Spring bank holiday - no mtg	7-Apr-09
14-Apr-09	Easter - no meeting	Easter - no meeting	DT 5 - Pete Barnard		Easter - no meeting	Easter - no meeting	Easter - no meeting	Spring bank holiday - no mtg	14-Apr-09
21-Apr-09		ST 4 - kath H				Try Dive	Neil Tomlin	Spring bank holiday - no mtg	21-Apr-09
28-Apr-09		ST 4 - Neil B	DT 7 - Practical - Roger			Try Dive	Phil Turney	Spring bank holiday - no mtg	28-Apr-09
5-May-09	Spring bank holiday - no mtg	Spring bank holiday - no mtg	Spring bank holiday - no mtg	Spring bank holiday - no mtg	Spring bank holiday - no mtg	Spring bank holiday - no mtg	Spring bank holiday - no mtg	Spring bank holiday - no mtg	5-May-09
12-May-09	Intro/OT 1 - Fran	Catchup - Rich H	Catchup - Neil B			Ocean diver training	Vicki Urch	Spring bank holiday - no mtg	12-May-09
19-May-09	OT 2 - Neil B	ST 5 - Pete Barnard.	Catchup - Fran D			Ocean diver training	Barry Wallford	Spring bank holiday - no mtg	19-May-09
26-May-09	May bank holiday - no mtg.	May bank holiday - no mtg.	May bank holiday - no mtg.	May bank holiday - no mtg.	May bank holiday - no mtg.	May bank holiday - no mtg.	May bank holiday - no mtg.	Spring bank holiday - no mtg	26-May-09
2-Jun-09	OT 3 - Rich H	Catchup/Revision - Neil T	DT 8 - Pete Woodcock.	O2 Admin.SDC		Ocean diver training	Kevin Yeates	Spring bank holiday - no mtg	2-Jun-09
9-Jun-09	OT 4 - Kath H	ST 6 - Mike Flatt	DT 9 - Nigel.	O2 Admin.SDC		Ocean diver training	Pete Barnard	Spring bank holiday - no mtg	9-Jun-09
16-Jun-09	OT 4 - Neil T	Catchup/Revision - Kath H	DT 10 - Rich H	O2 Admin.SDC		Ocean diver training	Steve Beesley	Spring bank holiday - no mtg	16-Jun-09
23-Jun-09	Catchup/Revision - Mike F	Exam - Fran.				Ocean diver training	Simon Benton	Spring bank holiday - no mtg	23-Jun-09
30-Jun-09	OT 5 - Pete W.	Exam debrief				Dry suit training	Neil Brown	Spring bank holiday - no mtg	30-Jun-09
7-Jul-09	OT 6 - Pete B						Erica Clarke	Spring bank holiday - no mtg	7-Jul-09
14-Jul-09	OT 7 - Phil T						Jason Day	Spring bank holiday - no mtg	14-Jul-09
21-Jul-09	Revision/Catchup - Nigel S.						Fran Duinker	Spring bank holiday - no mtg	21-Jul-09
28-Jul-09	Exam - Fran.						Mike Flatt	Spring bank holiday - no mtg	28-Jul-09
4-Aug-09	Mentor evening						Dave Goddard	Spring bank holiday - no mtg	4-Aug-09
11-Aug-09				First Aid for Divers SDC			Rich Hall	Spring bank holiday - no mtg	11-Aug-09
18-Aug-09				First Aid for Divers SDC			Kath Hall	Spring bank holiday - no mtg	18-Aug-09
25-Aug-09	August bank holiday - no mtg	August bank holiday - no mtg	August bank holiday - no mtg	August bank holiday - no mtg	August bank holiday - no mtg	August bank holiday - no mtg	August bank holiday - no mtg	August bank holiday - no mtg	25-Aug-09
1-Sep-09							Mike Hill	August bank holiday - no mtg	1-Sep-09
8-Sep-09							Roger Holmes	August bank holiday - no mtg	8-Sep-09
15-Sep-09							Dave Jaques	August bank holiday - no mtg	15-Sep-09
22-Sep-09	AGM	AGM	AGM	AGM	AGM	AGM	AGM	August bank holiday - no mtg	22-Sep-09
29-Sep-09						Try Dive	Ian Jennings	August bank holiday - no mtg	29-Sep-09
6-Oct-09					Instructor evening	Try Dive	Bill Johnson	August bank holiday - no mtg	6-Oct-09
13-Oct-09		ST 1 - Nigel S.				Sports Diver Training	Mary Pearson	August bank holiday - no mtg	13-Oct-09
20-Oct-09		ST 2 - Fran.				Ocean diver training	Gary Rose	August bank holiday - no mtg	20-Oct-09
27-Oct-09	Intro/OT 1 - Fran/Nigel.	ST 3 - Gary R.				Ocean diver training	Sam Shaw	August bank holiday - no mtg	27-Oct-09
3-Nov-09	OT 2 - Kath Hall	ST 4 -Neil B				Ocean diver training	Nigel Spickett	August bank holiday - no mtg	3-Nov-09
10-Nov-09	OT 3 -	ST 4 - Phil T.				Ocean diver training	Claire Brown	August bank holiday - no mtg	10-Nov-09
17-Nov-09	OT 4 - Nigel	Catchup -Kath H				Ocean diver training	Richard Sykes	August bank holiday - no mtg	17-Nov-09
24-Nov-09	OT 4 - Neil T.	Catchup - Fran D +				Ocean diver training	Fiona Tomlin	August bank holiday - no mtg	24-Nov-09
1-Dec-09	Catchup/Revision - Ian J.	ST 5 - Pete Barnard.				Dry suit training	Neil Tomlin	August bank holiday - no mtg	1-Dec-09
8-Dec-09	OT 5 - Pete Woodcock.	ST 6 - Mike Flatt.					Phil Turney	August bank holiday - no mtg	8-Dec-09
15-Dec-09		Catchup/Revision -					Vicki Urch	August bank holiday - no mtg	15-Dec-09

**Lutterworth Sub-Aqua Club  
Program and Training Schedule 2009**

v4/09

Date	Ocean Diver	Sports Diver	Dive Leader	Skill Development	Interest Evenings	Pool / Pool Training	Marshal	Trips/Weekends/Social	Date
6-Jan-09	OT 5 - Pete Woodcock	ST 6 - Mike Flatt					Rich Hall	Night dive - Stoney 7th	6-Jan-09
13-Jan-09	OT 6 - Neil Tomlin	ST 5 - Mike Flatt			Dive Planning - 2009 - NS		Kath Hall		13-Jan-09
20-Jan-09	OT 7 - Pete B	Revision - Fran.					Mike Hill	Night dive - Stoney 19th	20-Jan-09
27-Jan-09	Revision/Catchup - Phil T.	Exam		Instr. Eve.- Buoyancy - FD.	Instructor group - KH/FD		Roger Holmes	Annual Dinner 24/01/09	27-Jan-09
3-Feb-09	Exam - Fran.	Exam debrief			SDC Presentation - FD		Dave Jaques	Night dive - Stoney 5th	3-Feb-09
10-Feb-09	Exam debrief				Compressors - NS		Ian Jennings		10-Feb-09
17-Feb-09	Mentor evening						Bill Johnson	Night dive - Stoney 19th	17-Feb-09
24-Feb-09					Instructor group - KH/FD		Mary Pearson		24-Feb-09
3-Mar-09					SDC Overview - Fran D		Gary Rose	Night dive - Stoney 4th	3-Mar-09
10-Mar-09			DT 1 - Fran D		Red Sea 08 DVD and pictures		Sam Shaw		10-Mar-09
17-Mar-09					<b>Ian Caulder-Sibley - Rugby Chamber</b>		Nigel Spickett	Night dive - Stoney 18th	17-Mar-09
24-Mar-09		ST 1 - Fran	DT 2 - Neil B		Rebreathers - FD	Sports Diver Training	Claire Brown		24-Mar-09
31-Mar-09		ST 2 - Nigel	DT3 - Neil T.		Scrap Book and Old Photo Evening	Sports Diver Training	Richard Sykes	Night dive - Stoney 1st	31-Mar-09
7-Apr-09		ST 3 - Ian J.	DT 4 - Phil Turney		Trip Planning and Catch-up	Sports Diver Training	Fiona Tomlin		7-Apr-09
14-Apr-09					<b>Social Evening - Fox 7:30pm</b>		Not Required	Easter - no meeting	14-Apr-09
21-Apr-09		ST 4 - kath H.	DT 5 - Pete Barnard			Try Dive	Neil Tomlin	Night dive - Stoney 15th	21-Apr-09
28-Apr-09		ST 4 - Neil B	DT 6 - Kath Hall.			Try Dive	Phil Turney	Night Dive - Stoney 6th	28-Apr-09
5-May-09					<b>Social Evening - Fox 7:30pm</b>	Spring bank holiday - no mtg	Not Required	Spring bank holiday - no mtg	5-May-09
12-May-09	Intro./OT 1 - Fran	Catchup -Rich H	DT 7 - Practical - Roger			Ocean diver training	Vicki Urch		12-May-09
19-May-09	OT 2 - Neil B	ST 5 - Pete Barnard.	Catchup - Neil B			Ocean diver training	Barry Walford	Night dive - Stoney 20th	19-May-09
26-May-09					<b>Social Evening - Fox 7:30pm</b>	May bank holiday - no mtg.	Not Required	May bank holiday - no mtg.	26-May-09
2-Jun-09	OT 3 - Mike Hill/Pete B.	Catchup/Revision - Neil T	Catchup - Fran D	O2 Admin.SDC		Ocean diver training	Kevin Yeates	Night dive - Stoney 3rd	2-Jun-09
9-Jun-09	OT 4 - Kath H	ST 6 - Mike Flatt	DT 8 - Pete Barnard	O2 Admin.SDC		Ocean diver training	Pete Barnard		9-Jun-09
16-Jun-09	OT 4 - Neil T	Catchup/Revision - Kath H	DT 9 - Nigel.	O2 Admin.SDC		Ocean diver training	Steve Beesley	Night dive - Stoney 17th	16-Jun-09
23-Jun-09	Catchup/Revision - Mike F	Exam - Fran.	DT 10 - Rich H	O2 Admin.SDC		Ocean diver training	Simon Benton		23-Jun-09
30-Jun-09	OT 5 - Bill Johnson	Exam debrief				Dry suit training	Neil Brown	Night dive - Stoney 1st	30-Jun-09
7-Jul-09	OT 6 - Pete B						Erica Clarke		7-Jul-09
14-Jul-09	OT 7 - Phil T						Jason Day	Night dive - Stoney 15th	14-Jul-09
21-Jul-09	Revision/Catchup - Nigel S.						Fran Duinker		21-Jul-09
28-Jul-09	Exam - Fran.						Mike Flatt		28-Jul-09
4-Aug-09	Mentor evening						Dave Goddard		4-Aug-09
11-Aug-09				First Aid for Divers SDC			Rich Hall	Night dive - Stoney 5th	11-Aug-09
18-Aug-09				First Aid for Divers SDC			Kath Hall	Night dive - Stoney 19th	18-Aug-09
25-Aug-09					<b>Social Evening - Fox 7:30pm</b>	August bank holiday - no mtg	Not Required	August bank holiday - no mtg	25-Aug-09
1-Sep-09				First Aid for Divers SDC			Mike Hill	Night dive - Stoney 2nd	1-Sep-09
8-Sep-09				First Aid for Divers SDC			Roger Holmes		8-Sep-09
15-Sep-09				First Aid for Divers SDC			Dave Jaques	Night dive - Stoney 16th	15-Sep-09
22-Sep-09	<b>AGM</b>	<b>AGM</b>	<b>AGM</b>	<b>AGM</b>	<b>AGM</b>	<b>AGM</b>	<b>AGM</b>		22-Sep-09
29-Sep-09				Instructor evening		Try Dive	Ian Jennings		29-Sep-09
6-Oct-09						Try Dive	Bill Johnson	Night dive - Stoney 7th	6-Oct-09
13-Oct-09		ST 1 - Nigel S.				Sports Diver Training	Mary Pearson		13-Oct-09
20-Oct-09		ST 2 - Fran.				Ocean diver training	Gary Rose	Night dive - Stoney 21st	20-Oct-09
27-Oct-09	Intro./OT 1 - Fran/Nigel.	ST 3 - Mike Hill				Ocean diver training	Sam Shaw		27-Oct-09
3-Nov-09	OT 2 - Kath Hall	ST 4 -Neil B				Ocean diver training	Nigel Spickett	Night dive - Stoney 4th	3-Nov-09
10-Nov-09	OT 3 -	ST 4 - Phil T.				Ocean diver training	Claire Brown		10-Nov-09
17-Nov-09	OT 4 - Nigel	Catchup -Kath H				Ocean diver training	Richard Sykes	Night dive - Stoney 18th	17-Nov-09
24-Nov-09	OT 4 - Neil T.	Catchup - Fran D +				Ocean diver training	Fiona Tomlin		24-Nov-09
1-Dec-09	Catchup/Revision - Ian J.	ST 5 - Ian Jennings				Dry suit training	Neil Tomlin	Night dive - Stoney 2nd	1-Dec-09
8-Dec-09	OT 5 - Bill Johnson	ST 6 - Mike Flatt.					Phil Turney		8-Dec-09
15-Dec-09		Catchup/Revision -					Vicki Urch	Night dive - Stoney 16th	15-Dec-09
22-Dec-09					<b>Social Evening - Fox 7:30pm</b>				22-Dec-09
29-Dec-09		Catchup/Revision -							29-Dec-09



