

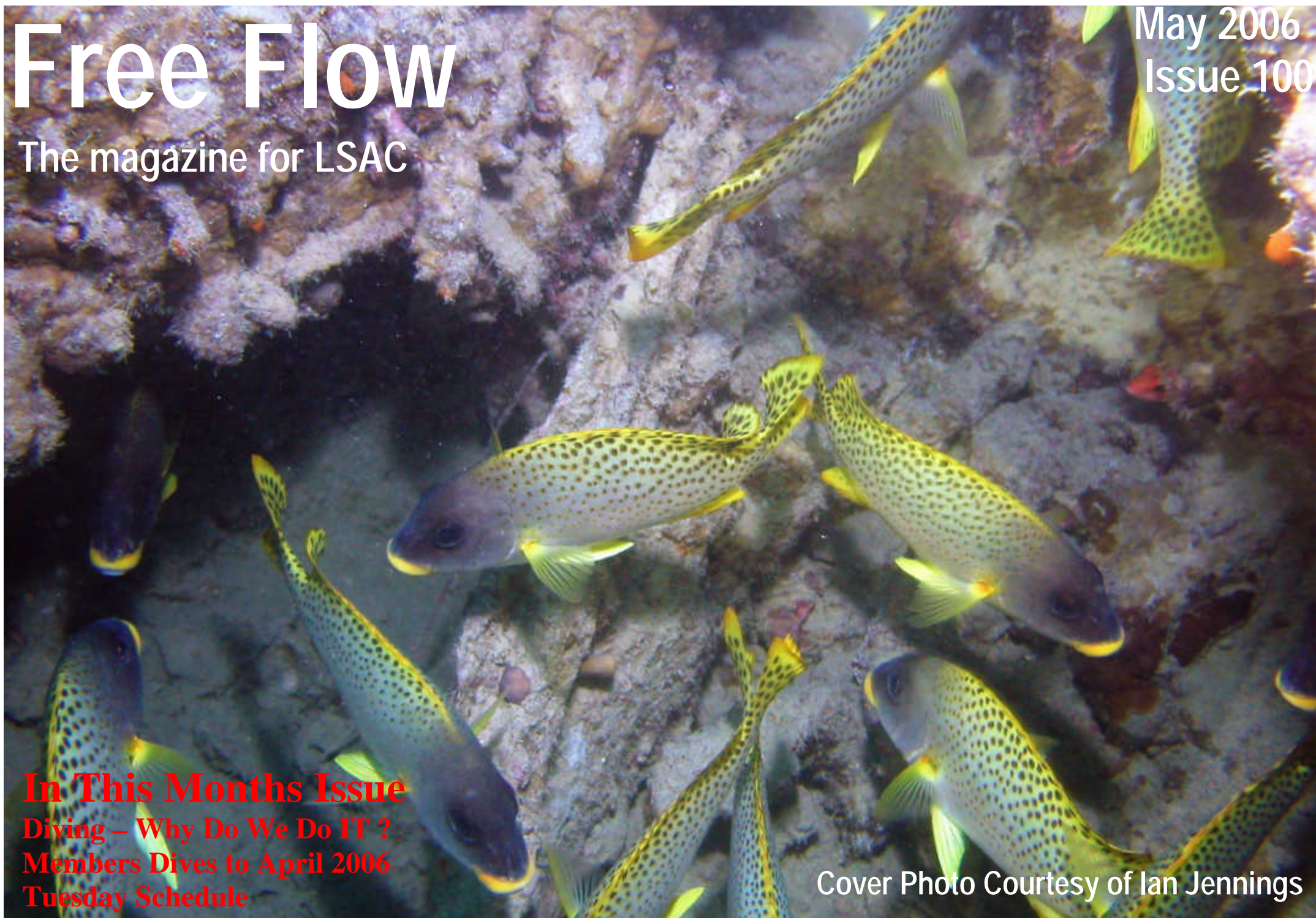
Free Flow

The magazine for LSAC

May 2006
Issue 100

In This Months Issue
Diving – Why Do We Do IT ?
Members Dives to April 2006
Tuesday Schedule

Cover Photo Courtesy of Ian Jennings



CONTENTS

Page 1	Cover
Page 2	Editors Bit
Page 3	Page 3 Luvilies
Page 4	Chairman's Report
Page 5	Training Officer's Report
Page 6	Diving - Why Do We Do It ?
Page 7	Odds and Ends from the Internet
Page 9	Members Dives to Mar 2006
Page 10	Tuesday Calendar
Page 11	2006 Boat Reservations

At all good Newsagents now....
Hence only downloadable from lsac.co.uk

Free

It should be

Free Flow

Editors Bit...



Mike takes part in Desert Strom. I am assured that Mike's lean is due to the prevailing wind. I'm not so sure with the sunglasses, probably, hiding the effect of excessive hydration the previous night.

No dive reports this month although there are 4 promised/expected, namely Loch Fynne – Sue Calver; Djibouti – Fran/Steve; Barbados – Gary Rhodes and Cyprus – Kev Parker. All 4 trips have contributed significantly to the dive times for the club competition.

For the eagle eyed you will have noticed that this is the 100th edition of Free Flow, and yes I should have made more of a thing of it but I lost my favourite Round Tuit and am looking for a new one. I will endeavour to do something for the next one.

The BSAC AGM is to be held in Leicester this year on Sat. 20th May. Details of time, venue etc can be viewed on the BSAC website.

As Chairman Roger mentioned in his knock last month and during the open forum there is plenty of space at the Royal Oak for the post Tues club meet socialising.

Pete

Page 3 Luvlies

Free Flow
May 2006



Time for some sub-aqua Luvlies. This months lovely could be a Scorpion or a Stone Fish. Answers on a post card or e-mail to the Ed.

If you would like to become Miss or Mr May or know someone who should be, then please email me with the photo and a brief description of why the person should be a page 3 lovely. **pete.barnard@power.alstom.com**

The Chairman's Knock

Well the dive season is well under way with some succesful trips already completed and many more in the pipeline. There are still weekends with the boats available so if you fancy organising a trip, go for it!

The evenings are now getting lighter making the Wednesday evening dives at the cove (first and third Wednesday of the month – 6pm til 9pm) more accessible to all, including training,etc. The Wednesday nights tend to be good social meetings as well as the diving, and Steve has kindly offered this week to hold a bbq (cheers Steve/Fran).

Try dives

Please note you can bring along people for try dives any week, not just on the designated try dive nights, just let either myself or Neil Brown know before so we can ensure adequate instructors are available.

Open Forum

We recently held another open forum, details of which will be typed up for next freeflow.

Interest Nights

As I'm sure your aware I'm always on the lookout for members to give interest night talks! These don't have to be fantastic in presentation, last anything from 20 to 60 mins in duration. If your interested in putting on a talk or require help then please catch me at the club to discuss.

Pub

Unfortunately the numbers of club members going to the pub is in decline, this is an ideal place to meet up and socialise, and after a few beers plenty of dive trips are organised! So please make the effort to come along.

Regards

Chairman Roj!

The Training Officer's Report

Training going very well, after the try dives we can welcome two new member's Richard and Rachel It was good to see them join us at the Pub on Tuesday night after the first ocean diver lesson I am certain you will give them the normal LSAC friendly welcome and not try to hit on them for a free drink with the old one about new members get the first round.

BSAC have changed the techniques for resuscitation ie AV and CPR, changes to the terms and more importantly techniques.

Over the next weeks I will be rolling this out at first to the Instructors, this will be one evening Part discussion and part pool. After this I will put out a note on the changes and arrange some practice nights.

I may have mentioned this in the past but the work carried out with the instructors in the classroom is only a small part of the studying you should do. In the one hour lesson the instructor can teach the particular subject in brief concentrating on what he/she believes are the most relevant items. After the lesson it is up to the student to spend as much time as possible in self-study.

In the pool it is a different story health and safety comes in to play. But once you become a sports diver you should spend time in the pool practising skills. All the instructors are very willing if asked to go in and help with practice sessions JUST ASK one of the following

Alex Bullard
Bob Mulholland
Fran Duinker
Gary Rose
Ian Jennings
Jon Brewis
Kevin Parker
Martyn O'Driscoll
Neil Brown
Neil Tomlin
Nigel Spickett
Pete Woodcock
Phil Turney
Pete Barnard
Richard Green
Roger Holmes
Samara Turney
Steve Ward
Steve Westwood
Steve Appleton

Diving – Why do we do it?

How many times have you have struggled down to the water, your kit heavy on your back, its raining, you are straining to get your gloves and fins on and your buddy asks ‘why are we doing this?’ The simple answer to the question is because we enjoy it; after all we aren’t getting paid for it so it must be for pleasure.

But the further question of what is enjoyable about it and why must have many answers.

Some dive for the challenge of it, some to look at the wildlife, some to look at the wrecks and their engines, some to take pictures of it all and some just because they can relax that way. So why do you dive?

Below are some reasons I have thought of, if you have any more then send them (e-mail) to the editor and I’m sure he’ll pass them on. Maybe it will influence what trips are planned if you want something different to what we normally do. Or maybe we could get involved in other diving schemes (e.g. archaeological survey or ?).

- 1 To see wrecks.
- 2 To see the engines of wrecks.
- 3 To take pictures of wrecks.
- 4 To see the wildlife.
- 5 To take pictures of the wildlife.
- 6 To gather the wildlife (to eat!).
- 7 To relax – no pressure of work etc.
- 8 To train others.
- 9 Because you enjoy the club scene / sociability.
- 10 For the technical challenges.
- 11 Just because you like playing in water.
- 12 Because the thought of possibly finding something new excites you.

Can you think of any other reasons to dive? If so e-mail the editor who will pass them on to me.

Anonymous

(I want to remain anonymous because it may effect the thoughts of those that know me, and I want as many replies as possible (via the editor Pete Barnard – pete.barnard@power.alstom.com)

Troubled diver insurance company finally settles dispute over unpaid bills

Powered by CDNN - CYBER DIVER News Network
by LAMAR BENNINGTON - CDNN Industry News Editor

CAYMAN ISLANDS (28 Apr 2006) -- A scandal-plagued diver insurance company based in the Cayman Islands has agreed to settle a dispute over hyperbaric chamber bills it failed to pay since 2004.

Divers Alert Network (DAN) finally caved in after SSS, the world's largest network of recompression chambers sued to recover unpaid bills and cut off hyperbaric medical treatment for DAN policy holders at chambers around the world.

Despite its "divers helping divers" advertising slogan, DAN's ill-advised decision not to pay outstanding claims put its policy holders at increased risk of injury or death as SSS chambers in the Bahamas, Belize, Galapagos, Mexico and Thailand announced they would no longer accept DAN insurance.

Under growing criticism from thousands of policy holders no longer covered for hyperbaric medical treatment at popular scuba diving destinations around the world, DAN belatedly withdrew its strident and unfounded accusations that SSS chamber fees were exorbitant.

Throughout the dispute, SSS referred to the fact that all other insurers, including DAN's own corporate affiliates outside the USA, as well as PADI, NAUI, Dive Safe and DiveAssure accepted its fees as fair, reasonable and appropriate. Only DAN refused to pay.

The settlement effectively ends DAN's attempt to dictate chamber pricing and boost profits of its off-shore tax-free insurance company.

The latest debacle comes in the wake of a series of corporate scandals that have threatened to collapse an organization formerly revered for its commitment to diver safety.

In the early 1990s, DAN drifted away from its safety mission to pursue corporate profits generated primarily by sales of insurance products.

In 2002, DAN's board of directors finally sacked CEO Peter Bennett after ugly corporate infighting

Conversely, the Burke Medical Research Institute and Huntington Medical Research Institutes, which are both rated as peer organizations, received four stars and overall scores exceeding 60.

Although DAN is a member supported non-profit, it has defiantly refused to reveal the financial terms of what critics describe as ousted CEO Peter Bennett's "golden parachute".

But 990 income and expense statements filed by Divers Alert Network according to laws that govern non-profits based in the United States reveal that in fiscal 2004, DAN diverted \$140,000 of member fees paid to Bennett presumably as part of his "golden parachute" deal.

Another \$25,000 in member fees went to Bennett's son, a former DAN vice president who no longer works for the organization.

Expenses listed in DAN's 2004 "Exempt from Income Tax" statement include over \$140,000 for "former President and CEO Peter Bennett", nearly \$25,000 for "former Vice President Chris Bennett" (Bennett's son), more than \$100,000 each for a small army of "Vice Presidents", \$80,000 for DAN's webmaster and over \$3 million for the four-story 27,000-square-foot Peter B. Bennett Center, DAN's luxurious corporate headquarters paid for by member fees.

New Deck, Same Old Dirty Cards?

Although DAN board members finally prevailed and ousted Peter Bennett, they failed to clean house. Bennett's right-hand man Dan Orr and left-hand man Chris Wachholz still hold key positions in the organization although both were implicated in Bennett's financial shenanigans.

Orr along with Bennett and DAN attorney Wes Covington were investigated for lining their pockets with profits from AGI, DAN's off-shore for-profit insurance spin-off.

Wachholz got his chunk of the cash cow when Bennett and Covington cut him in on another

and lawsuits over financial improprieties and accusations that Bennett and DAN attorney Wes Covington had conspired to secretly take over AGI, the multi-million dollar diver insurance business.

Despite ousting Bennett, Divers Alert Network continues to be plagued by a corrupt corporate culture, ill-advised territorial marketing schemes and lavish, wasteful spending that has earned it the dubious distinction of being rated among the worst non-profits by independent auditors.

The prestigious Charity Navigator, which is universally acknowledged as the most unbiased independent authority on non-profits and charities, has rated Divers Alert Network as an organization that "fails to meet industry standards and performs well below most charities in its Cause."

DAN received only one star out of a possible four and received an overall score of only 37.50 in the all important "Peer Analysis" assessment.

insurance spinoff called Travelers Emergency Network, a Divers Alert Network clone aimed at travelers.

Together, Orr and Wachholz pocket more than a third of a million dollars annually from DAN member fees and donations.

© CDNN - CYBER DIVER NEWS
NETWORK

Members Dives To the end of April 2006

Leading Positions - Fran back on Top

With the dive times from their recent trip to Djibouti Fran and Steve returned to the top of the 'Times under Water' listings. Fran is marginally ahead (but a little bird told me - well a marshal sheet actually, that these positions will be reversed in May with Steve going diving without Fran!). Other notable winners in the listings being Gary Rose (trip to Barbados) and Kev Parker (trip to Cyprus). The leading positions in the main competition at the time of writing are:

- 1st Fran Duinker (Up 9) 1969 minutes
- 2nd Steve Appleton (Up 9) 1913 mins
- 3rd Kevin Parker (Down 1) 1898 mins
- 4th Gary Rose (Level) 1747 minutes
- 5th Roger Holmes (Down 4) 1727 mins
- 6th Pete Barnard (Down 3) 1686 mins

There is not much movement in the Instructors league, Fran is still leading from Martyn, but Neil Brown has displaced Roger and crept up into 3rd

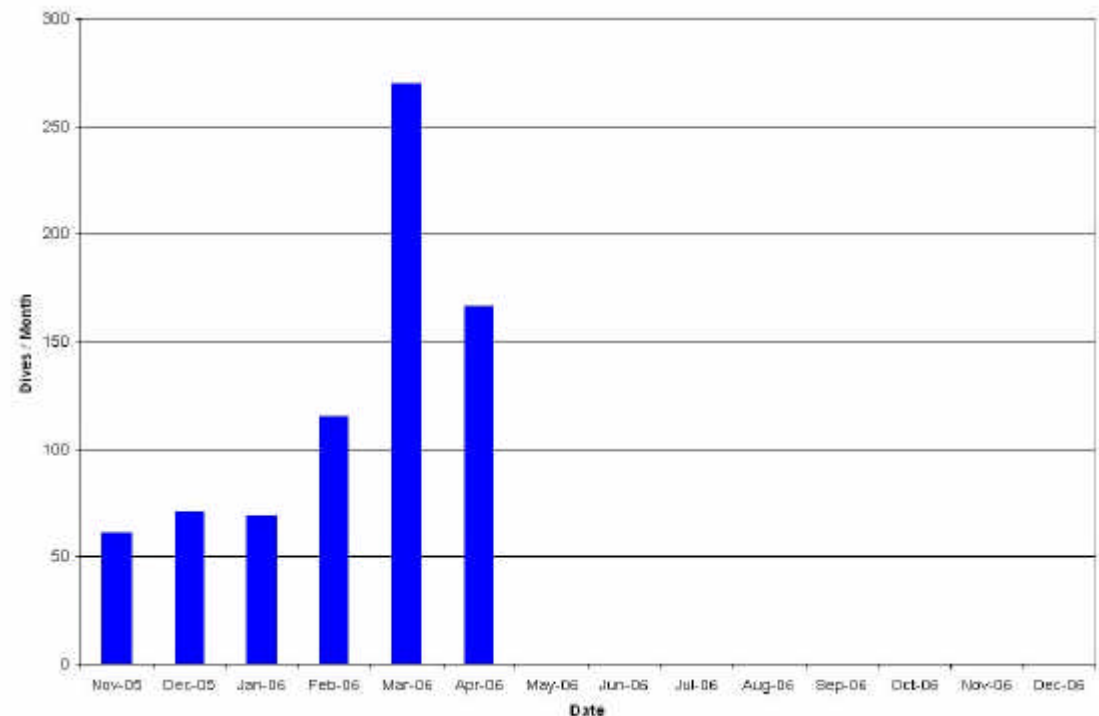
- 1st Fran Duinker. 297 minutes
- 2nd Martyn O'Driscoll 196 mins
- 3rd Neil Brown 144 minutes

We have passed a few milestones this month:

Total Number of Hours underwater passed 500hrs and this came about in approximately 750 dives.

A couple of statistics this month, the % of training dives has dropped down to 15%. This is due to some instructors actually going on some diving trips rather than training.

The number of dives carried out is not surprisingly rising. Last month was exceptional with the Red Sea trip, but The number of dives in April was 51 above the level in February, or put another way an increase of over 44%



Keep the sheets coming in.

Ian Jennings 30/4/06

Lutterworth Sub Aqua Club

Training Schedule

2006

DATE	Ocean	Sports Diver	DIVE LEADER	Instructor	SKILL DEVELOPMENT	INTEREST EVENINGS	POOL TRAINING	MARSHAL	TRIP/WEEKENDS/SOCIALS	DATE
03-Jan-06	ND CLUB - HAPPY NEW YEAR					ND, Stoney Wed. 4/1				03-Jan-06
10-Jan-06								M.O'Driscoll		10-Jan-06
17-Jan-06								F. Duinker	ND, Stoney Wed 19/1	17-Jan-06
24-Jan-06						Instructor Evening	instructor evening	J. Brewis		24-Jan-06
31-Jan-06						Red Sea - Roger Holmes		N. Spickett	Plymouth brief	31-Jan-06
07-Feb-06						Liner - Phil Turney		P. Turney	ND, Stoney Wed. 1/2	07-Feb-06
14-Feb-06								P. Woodcock		14-Feb-06
21-Feb-06		ST1/R.Holmes	DT1 The Role of a dive leader	N.Brown		Underwater Photography - Ian J	Sports Diver R. Green	S. Grimes	ND, Stoney Wed 22/02	21-Feb-06
28-Feb-06		ST2/J. Jennings	DT2 CPR	R.Holmes/ P. Barnard		Red Sea Video	Sports Diver R. Green	P. Barnard	Red Sea Brief	28-Feb-06
07-Mar-06		ST3/Steve Appleton	DT2 CPR				Sports Diver Gary Rose	J. Jennings	ND, Stoney Wed. 1/03 Red Sea	07-Mar-06
14-Mar-06							Sports Diver N. Brown	N. Brown		14-Mar-06
21-Mar-06		ST4/J. Brewis	DT3 O2 & Incidents	F. Duinker		Dive Sites - Nigel Spickett	TRY DIVE	B. Mulholland	ND, Stoney Wed 15/03	21-Mar-06
28-Mar-06		ST5/N. Brown in flat	DT4 Casualty Asses	F. Duinker		Turks and Caicos - Gary Rose	TRY DIVE	Gary Rose		28-Mar-06
04-Apr-06	QT1 Intro/R. Green		DT5 O2 Equipment	R. Green		GPS - Neil Brown	Ocean Diver Roger Holmes	N. Tomlin	ND, Stoney Wed 5/4	04-Apr-06
11-Apr-06	QT2/P. Barnard	ST6/N. Tomlin	DT6 O2 Admin	P. Turney/P. Barnard		Boat - Nigel	Ocean Diver P. Barnard	Roger Holmes	Easter Brief	11-Apr-06
18-Apr-06	No Club Easter								ND, Stoney Wed 19/4	18-Apr-06
25-Apr-06	QT3/G. Rose	Catch up	DT7 O2 Admin pract	J. Jennings		Zenobia - Kev Parker	Ocean Diver R. Green	Kev Parker	Plymouth brief	25-Apr-06
02-May-06	No Club May Day Bank Holiday									02-May-06
09-May-06									ND Stoney 3/5	
16-May-06	QT4/P. Barnard		DT8 Dive Planning	P. Woodcock		Open Forum	Ocean Diver M. O'Driscoll	Steve Appleton	Plymouth brief	09-May-06
23-May-06	QT5/P. Turney		DT9 Dive Planning	M. O'Driscoll	24,25th Chart work/positioning	Gibraltar - Steve Appleton	Ocean Diver J. Brewis	Chris Thurman	ND, Stoney Wed 17/5 Farnes Brief	16-May-06
30-May-06							Ocean Diver P. Turney	M. O'Driscoll	West Bay Brief	23-May-06
06-Jun-06	ND CLUB - WHITSUN BANK HOLIDAY									30-May-06
13-Jun-06	QT7/R. Green		DT9 Rescue Management	M. O'Driscoll		Far East - Richard Green	Ocean Diver B. Mulholland	F. Duinker	ND Stoney Wed 07/06 Weymouth B	06-Jun-06
20-Jun-06	Catch up/J. Jennings		DT10 Heli Operations	J. Jennings	11,12th chart work/positioning		Ocean Diver Gary Rose	J. Brewis		13-Jun-06
27-Jun-06			DT11 Rescue man part 2	R. Holmes/		St Kilda - Nigel Spickett		N. Spickett	ND, Stoney Wed 21/06 Iymington br	20-Jun-06
04-Jul-06			DT12 Dive Marshal	N. Brown				P. Turney	St Kilda Brief	27-Jun-06
11-Jul-06			DT12 Dive Marshal Shots	P. Turney		Estacit - Fran Duinker		P. Woodcock	ND, Stoney Wed 5/7	04-Jul-06
18-Jul-06							Try Dive	S. Grimes	Cornwall brief	11-Jul-06
25-Jul-06	ST1	N. Tomlin					Try Dive	P. Barnard	ND, Stoney Wed 19/7 Whitby Brief	18-Jul-06
01-Aug-06	ST2	M. O'Driscoll				Ireland - Pete Barnard	Sports Diver P. Barnard	J. Jennings		25-Jul-06
08-Aug-06	ST3	J. Jennings					Sports Diver N. Tomlin	N. Brown	ND Stoney 2/8	01-Aug-06
15-Aug-06	ST4	R. Holmes				Marine Biology - Anne Marie Barnard	Sports Diver Roger Holmes	B. Mulholland	Scapa Brief	08-Aug-06
22-Aug-06	ST5	N. Brown					Sports Diver Steve Appleton	Gary Rose	ND, Stoney Wed 16/8	15-Aug-06
29-Aug-06	ND CLUB - AUGUST BANK HOLIDAY						Sports Diver Richard Green	N. Tomlin	Farnes Brief	22-Aug-06
05-Sep-06	ST6	P. Woodcock					TRY DIVE	Roger Holmes		05-Sep-06
12-Sep-06		CATCHUP					TRY DIVE	Kev Parker	ND, Stoney Wed 13/9 Brixham Brief	12-Sep-06
19-Sep-06							Ocean Diver N. Brown	Steve Appleton		19-Sep-06
26-Sep-06	AGM						Ocean Diver F. Duinker	Chris Thurman		26-Sep-06
03-Oct-06	QT1 Intro	N. Brown					Ocean Diver J. Jennings	M. O'Driscoll	ND, Stoney Wed 04/10	03-Oct-06
10-Oct-06	QT2	P. Barnard/R. Holmes				Scotland 2007 - Fran Duinker	Ocean Diver Roger Holmes	F. Duinker		10-Oct-06
17-Oct-06	QT3	M. O'Driscoll					Ocean Diver B. Mulholland	J. Brewis	ND, Stoney Wed 18/10	17-Oct-06
24-Oct-06	QT4	F. Duinker					Ocean Diver N. Spickett	N. Spickett		24-Oct-06
31-Oct-06	QT5	N. Tomlin					Ocean Diver P. Woodcock	P. Turney	ND, Stoney Wed 1/11	31-Oct-06
07-Nov-06	QT6	R. Green					Ocean Diver N. Tomlin	P. Woodcock		07-Nov-06
14-Nov-06	QT7	P. Turney/P. Barnard						S. Grimes	ND, Stoney Wed 15/10	14-Nov-06
21-Nov-06	Catch up	J. Jennings						P. Barnard		21-Nov-06
28-Nov-06								J. Jennings		28-Nov-06
05-Dec-06								N. Brown	ND, Stoney Wed 06/11	05-Dec-06
12-Dec-06	Quiz and Social Night								Quiz and Social Night	12-Dec-06
19-Dec-06	Christmas No Meeting								Christmas No Meeting	19-Dec-06
26-Dec-06	New Year No Meeting								New Year - No Meeting	26-Dec-06
	INTRO/OCEAN DIVER	SPORTS DIVER	DIVE LEADER		SKILL DEVELOPMENT	INTEREST EVENINGS	POOL TRAINING		TRIP/WEEKENDS/SOCIALS	DATE

2006 Dive Planning Click on the name of the Organiser to Email

Date	Destination	Organiser	Type	No.of boats	Level	Spaces	Available	Accommodation	Est.Cost	Deposit
4th-5th Feb	Plymouth	Neil C and Pete B	Club Rib	1	SD	10		B+B	70	Expired
5th -12 March	Red Sea	Kevin Parker	Hardboat L/A	1	SD	20	Full	Liveaboard	765.23	Expired
13th-24th April	Loch Fyne	Dave Wilson	Club RIBs	2	All	Unlimited		Camp + Caravan	TBA	Expired
5th-8th May	Plymouth	Nigel Spickett	Club RIBs	2	All	10	2	Camp	TBA	10
20th-21st May	Farnes	Fran Duinker	Club RIBs	2	All	10	Full	Camp	TBA	TBA
27th May - 3rd June	Baltimore - Eire	Pete Barnard	Charter RIB	1	SD	6	1	Self Catering	250	None
2nd-5th June	West Bay	Mike Flatt	Club RIBs	2	All	10	1 TBC	Camp	TBA	TBA
9th-11th June	Weymouth Chart work	Phil Litchfield + Neil Brown	Club RIBs	2	All	10	TBC	Camp	TBA	TBA
23rd-26th June	Lymington	Nigel Spickett	Club RIBs	1	SD	6	Full	B+B	TBA	10
1st-8th July	St.Kilda	Nigel Spickett	Hardboat L/A	1	DL	12	Full	Liveaboard	675	100
14th-17th July	Lizard Cornwall	Phil Turney	Club RIBs	2	All	10	3	Camp	TBA	TBA
12th-19th Aug	Scapa Flow	Pete Barnard	Hardboat L/A	1	Exp. SD	12	Full	Liveaboard	350	TBA
25th-29th Aug	Farnes	Mike Flatt	Club RIBs	2	All	10	Full	Camp	TBA	TBA
8th-9th Sept	Kirkby Lonsdale	Bob Mullholland	River	n/a	All	Unlimited	Unlimited	B+B	TBA	TBA
15th Sept	Salsette	Neil Tomlin	Hardboat	1	DL	10 or 12	01-Jan	n/a	TBA	TBA
16th-17th Sept	Weymouth	Neil Brown	RIBs	2	oc	10	8 TBC	camping	TBA	TBA
23-24 Sept	Plymouth	Martyn O'Driscoll	Club RIBs	2	All	10	10 TBC	Camp	TBA	TBA
30 Sept-1st Oct	Plymouth	??	Club RIBs	2	All	10	10 TBC	camp	TBA	TBA
October	Estartit	Fran Duinker	Hardboat	1	SD	10 or 12	1 TBC	Apartments	TBA	TBA
TBA	Brixham	Fran Duinker	Club RIBs + Shore	2	All	Unlimited	Unlimited	Camp	TBA	TBA
TBA	St.Abbs	Bob Mullholland	Club RIBs	2	All	10	10	Camp	TBA	TBA
TBA	Anglesea	Ian Jennings	Club RIBs	2	TBA	10	10	TBA	TBA	TBA