

# Free Flow

The magazine for LSAC

Mar 2008  
Issue 121

## In This Months Issue

Page 3 Luvlies  
Boat Handling  
Diving Stats

Cover Photo Courtesy of Natalie Twigg



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Su Calver (pictured above, on a dive in the Red Sea) is currently being looked after in Fielding Palmer Cottage Hospital in Lutterworth, but she expects to be home at Easter.

Free  
It should be

# Free Flow

## Buddies

Its 'Guest Editor' Time.

Su Calver has been rather ill recently so Neil, who is our current editor, has been spending most of his time (when not actually working) looking after her. So (for this issue only) you have to put up with me!

The calendar and trips are listed at the back of this FreeFlow, there are plenty of spare weekend that more trips could go out. The boats have been given a major overhaul. Skinny Dip - which was not renowned for being spacious has even had a re-design on it's internal layout giving much more room. So get out and use the boats!

On a (BSAC) Membership front: By the time you read this you should either have given me your renewal dues - or you may not have your BSAC memberships renewed before they run out on the 31<sup>st</sup> of March.

Ed. (Ian - with a lot of help from Pete)



## Page Three Lovelies

Well we can't forget our Neil Brown and Claire getting married. OK they had to travel halfway around the world around the world to do it but they finally got round to it. A party is promised when they get back.

LSAC were well represented at the



wedding: in the smaller picture, of the 12 people there (and that includes the officials), 7 are either current or past members of the club.

Congratulations to the happy couple - and don't forget the party!

## DO's Bit

The first trip of the year has now taken place with the Boat Handling course recently held in Plymouth. My thanks to Mike and Pete for their assistance with the boats, and of course to Fran for sharing the instruction with me.

There was a dual purpose to the trip, and that was to give the boats a good run before the start of the diving season. Mike came along to check on everything and despite being left on the harbour wall at Bovisand for a couple of hours (sorry Mike), he had a productive weekend.

I am happy to report that both boats performed very well with no problems experienced.

Lucky Dip has been completely rewired thanks to Kevin, the electronics (GPS etc.) have been reprogrammed thanks to Steve Beesley, and now all function properly, and even the batteries and dry boxes have new brackets thanks to Rich Hall. Mike has coordinated it all and we now have 2 excellent and reliable boats for the season.

On the subject of boats, a group of us are now working on the replacement for Lucky Dip. The group is chaired by Pete Woodcock, and includes Pete Barnard, Fran, Ian, Mike and myself.

We are drawing up a specification and cost in preparation to making a presentation to Club Members during the spring. At that meeting we will seek opinions from members and approval in order that we can have the new boat in place for the 2009 season.

We will shortly be holding a 2-week Try Dive in preparation for a new Ocean Diver course in April. We have already given a number of people Try Dives who have shown interest in The Club.

If you have anyone who would like to come along, please speak to Fran or myself.

Ian has already started collating the dive statistics for this year. Please give your dive manager sheets to Ian or myself. It would be a great help if everyone could get them in within a week or two of the dive, as sheets received six months after the event are a bit pointless from my point of view in trying to keep up with what diving is going on.

Hopefully the weather this year will be better than last year, giving us a bit more enthusiasm for weekend trips to the coast.

Whilst we have quite a few trips on the calendar, there was certainly a bit of apathy during the dive planning sessions.

Good diving for the new season.

*Nigel.*

# Chairmans Knock

Social Events - Thanks to Phil for organising his recent Bowls & Balti night. Vicky has agreed to take on the role of social secretary and is looking for ideas and volunteers to help organising social events, so don't be shy get planning and let her know.

Dive Trips 2008 - A number of trips have already been organised but there are still plenty of weekends available - so come on get using the boats. Whilst on the subject of boats thanks to Mike F and his band of volunteers for all their hard work on the boats so far over the winter period, getting them ready for a busy dive season.

Try dives - we will be holding try dive nights on the 8 & 15<sup>th</sup> April so please bring along some friends/family etc for a go!

New boat - the committee have appointed a sub group, chaired by Pete W and consisting of some of the most experienced boat users within the club, to look at a

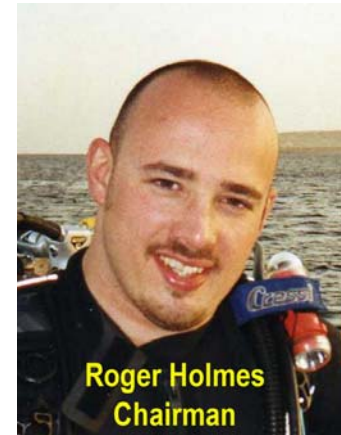
new replacement for Lucky Dip. A presentation will be made to the club in May time to update on progress.

Tuesday Interest Nights - I need volunteers to put on talks, so if you've been diving anywhere interesting lately please come and tell the club about it.

Pool - the pool is available to members from 9 - 10 so please come and make use of it. Kit and instructors are normally going spare so get practising those skills or maybe try some new advanced ones under the guidance of more experienced divers.

Pub gossip - want to know the latest LSAC pub gossip? Then make sure you come along and join us for a pint after the pool session, we now congregate at The Greyhound Inn (in the town centre).

Regards Chairman Roj.  
[scubaroj@tiscali.co.uk](mailto:scubaroj@tiscali.co.uk)



# The Volnay Award

You know you want it!!!

Well buddies, the beginning of 2008 heralds another chance to win the prestigious Volnay Award!

This award requires no skills in particular! no pre-planning! and most importantly - no friends! (or loyal partners who are prepared to keep quiet).

With a busy dive year ahead don't forget to monitor your buddy, the dive organiser, in fact anyone who is involved in diving and in LSAC at all times.

They may try and hide the fact that they have turned up to dive minus weights/regs/suits and then try to blag their way out by suddenly feeling unwell. They may claim the fact that they are soaking wet under their drysuit on a suddenly faulty seal (rather than admitting to the fact they forgot to do up a zip - Pete). They may even claim they planned to dive an alternative wreck and not tell anyone. DO NOT BE FOOLED!

If you know of someone who is desperate to receive this award, even if they don't know they are, then feel free to dob them in to me. All dob's gratefully received and will even be published in the (in)famous publication that is Freeflow.

Please remember this is just a bit of fun - dob's are silly mistakes NOT potentially dangerous ones.

Rich Hall - rich.hall@sky.com

**REMEMBER!!  
THE VOLNAY IS AT HOME TO  
MR/MRS/MISS COCK-UP**



## Boat Handling Trip – 22 –24 Feb. 08

This was my first outing with the club and I was keen not only to familiarise myself with the workings of the two RIBS but also to get to know more of the club members.

I was grateful to Mike Flatt who offered me a lift – for a company car driver like myself avoiding a couple of four-hour plus drives at weekends is more than welcome. Having left Mike’s garage just after 1.30pm and with just a short sandwich break in Devon we arrived at the Mountbatten Hotel shortly after 6pm – we later took the water taxi, over to a more civilised part of Plymouth, found a small restaurant, that Mike had frequented previously and relaxed with the local Guinness.



The Admiralty reviewing the fleet at Bovisand

There were three Lutterworth members on the course and four from Rugby. Fran, Pete and Nigel were there to oversee training, while Mike came to check that the boats performed (they did).

On Saturday morning, following briefings on tides, currents, weather expectations and the day’s exercises, we all kitted up and launched the boats. Everyone agreed that it had been a good idea to hold the lectures on club evenings in advance of the trip. We lunched at Bovisand, sandwiches and flasks, swapped boats, continued with our exercises and finished the day doing three-point turns where all the posh yachts are moored. In all we spent over six hours on the water; having all completed turns at high and low speed manoeuvres both throughout Plymouth sound and beyond the Breakwater.

Dinner was enjoyed at The Mountbatten Hotel, with entertainment courtesy of a TV set and the England Rugby team

On Sunday the briefings were repeated and we re-launched the boats. This time the objectives were to practice towing,



and here is the fleet.....

familiarise ourselves with the onboard electronics (GPS system, depth finder etc.) and to practice more low-speed manoeuvres to recover divers (or buoys in the absence of floating volunteers). We also had good fun following GPS co-ordinates to a couple of well-known wrecks (only one of which we actually located).

The club is grateful to Steve Beesley who has fixed the radios and the GPS units and also to Mike Flatt, whose workshop facilities have proved invaluable in bringing both vessels up to the highest level of repair they have enjoyed for a long while.



Replacing calories lost at Sea

As this is my first report I wanted to leave out the much requested “dobbins” but as mention has already been made on the email system of full fuel tanks and cameras left out for magpies, wrong co-ordinates plotted into the GPS system (lets just say the boat would have needed wheels if we’d followed the course) and a forgotten boat officer (echoes of Robinson Crusoe), it would be churlish of me to withhold this information now.

As ever – this course is part of a continual development programme and it may better have been described as an introduction to boat handling – but for me, the whole adventure not only confirmed that I really enjoyed being on the boats but also that I can now join future diving expeditions and contribute fully to the handling of the RIBs! So it was all very positive and worthwhile!

In summary, this trip confirmed my view of LSAC as a

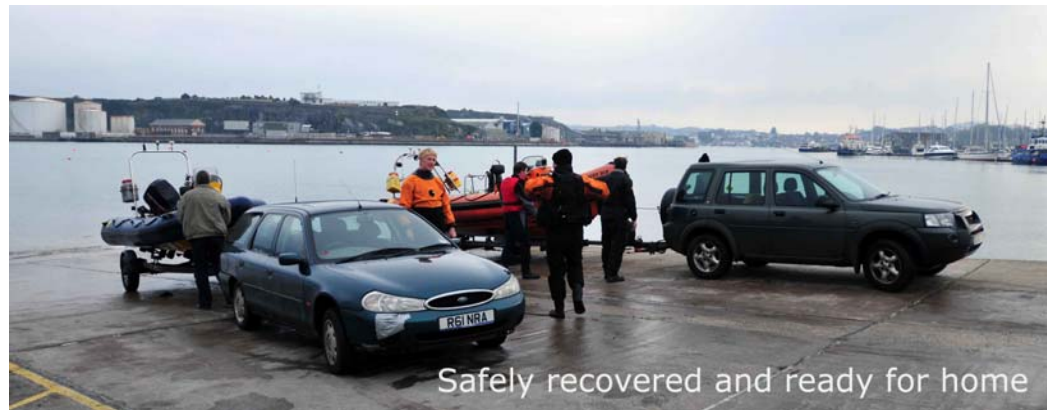
small and friendly but highly professional club – I hope that in the coming months I can live up to its high standards. One thing is for sure – regular training, study and practice in all diving disciplines are the key to this!

~~~~>(((\*)>~~~~<(((\*)>~~~~<(((\*)>~~~~<(((\*)>~~~~<(((\*)>

DG



I'm sure this isn't my guinness



Safely recovered and ready for home



## 2007 Annual Dinner Dance and Awards

On Saturday 26<sup>th</sup> January 2008 the LSAC Annual Dinner Dance and Awards was held at Ullesthorpe Court Hotel & Golf Club, which has proved to be an excellent venue. Several of us decided to stay over at the hotel and make use of its facilities including pool, etc.

It was great to see a good mix of both old and new club members on the night, which makes it a great place to get to know each other within the club.

This was to be my last appearance as chairman (yes I can just sit back and enjoy the night next year!!) and I must admit it can be a bit nervy standing up in front of you lot and try and make everything run smoothly - several relaxing shandies helped!

Thanks must go to Margaret Baldwin (Marg from the cove as most of us know her!) who kindly stepped in to save the night and provided an interesting and entertaining after dinner talk on her many travels. Marg has been a member of a public speaking group for some time and this was clearly evident from her excellent presentation.

Congratulations to this years winners: Chairmans Award - Ian (who gives so much time and effort into the successful running of the club), Trainee of the Year - Vicky (for making great progress as a diver), Pathfinder (best underwater navigation) - Vicky (who now has the task of setting this years challenge and making sure everyone takes part!), Brian Maton Award (for the person who simply enjoys their diving)- Ian, Silver Dolphin (best underwater photography - voted for by club members) - Ian (for his hatrick!) and finally the Volnay (cock up of the year - decided by the previous years winner) - Rich H (who will be looking for dobs!!). well done.

After the above presentations it meant the real business of the night could get going i.e. socialising, dancing and propping up the bar (well with the weather on this years dive trips we have had a lot of practice of the latter!).

The night was finished off by Dave and Johns full monty impression, I'm still scared by the images now!

Thanks once again to Helen for helping to organise another great night, and Danielle/Sophie/Sam for doing a great job of selling raffle tickets on the night.

See you there again next year!

Roj

## Dinner Dance - Awards

Hi All, I'm sure there will be a report elsewhere in this issue about the Dinner Dance and awards night (If not, it was an excellent evening arranged as usual by Helen Atkinson)

I was honoured (and not a little embarrassed) to win some of the awards. When I got them home I realised there was a lot of Club History on the awards, so I've compiled this list below:

Some of the names I did not recognise - but I'm sure some in the club will - and possibly provide a trip down memory lane!

Can your name get added to the list next year?

|      | Silver Dolphin Award           | Navigation Award    | Chairmans Award | Trainee of the Year       | Brian Maton Award | Volnay Award | Time Underwater | Instructing Time Underwater |
|------|--------------------------------|---------------------|-----------------|---------------------------|-------------------|--------------|-----------------|-----------------------------|
| 1983 | R Ward                         |                     |                 |                           |                   |              |                 |                             |
| 1984 | Steve Liscoe                   |                     |                 |                           |                   |              |                 |                             |
| 1985 | Steve Liscoe                   | R Ward              |                 |                           |                   |              |                 |                             |
| 1986 | S Griffith, S Briggs, C Franks | A Watson            | T Briggs        |                           |                   |              |                 |                             |
| 1987 | S Briggs                       | C Boden             | R Liscoe        | Carl Gamble               |                   |              |                 |                             |
| 1988 | C Franks                       | Neil Tomlin         | D Evans         | Alex Taylor               |                   |              |                 |                             |
| 1989 | Neil Tomlin                    | Neil Tomlin         | Alex Bullard    | Jane Lilley               |                   |              |                 |                             |
| 1990 | S Curnow                       | Eddie Price         | J & C Boden     | Alan Edwards              |                   |              |                 |                             |
| 1991 | Nigel Spickett                 | Eddie Price         | R Ward          | Jane Deacon               |                   |              |                 |                             |
| 1992 | Nigel Spickett                 | C Gamble/ K Spencer | Eddie Price     | AnnMarie & Steve Westwood |                   |              |                 |                             |
| 1993 | Steve Westwood                 | S Westwood          | Nigel Spickett  | Steve Brown               |                   |              |                 |                             |

|      | <b>Silver Dolphin Award</b> | <b>Navigation Award</b>       | <b>Chairmans Award</b> | <b>Trainee of the Year</b> | <b>Brian Maton Award</b> | <b>Volnay Award</b> | <b>Time Underwater</b> | <b>Instructing Time Underwater</b> |
|------|-----------------------------|-------------------------------|------------------------|----------------------------|--------------------------|---------------------|------------------------|------------------------------------|
| 1994 | Nigel Spickett              | Nigel Spickett/ Pete Woodcock | Neil Tomlin            | Paul Gardiner              | Helena Dunleavy          |                     |                        |                                    |
| 1995 | Steve Westwood              | M Cook                        | Pete Woodcock          | John Harvey                | Ted Williams             |                     |                        |                                    |
| 1996 | Helen Atkinson              | K Spencer/ S Brown            | R Ward                 | Anne Liddington            | Mick Faulkner            |                     |                        |                                    |
| 1997 | Neil Tomlin                 | R Court                       | Paul Gardiner          | Sheila Brown               | Sheila Brown             |                     |                        |                                    |
| 1998 | Steve Westwood              | Bob Mulholland                | Helen Atkinson         | Brian Speight              | Neil Brown               |                     |                        |                                    |
| 1999 | Phil Turney                 | Nigel Spickett                | Steve Grimes           | Ian Jennings               | Steve Ward               |                     |                        |                                    |
| 2000 | Richard Smart               | Neil Tomlin                   | Mick Faulkner          | Martyn O'Driscoll          | Laura Barnard            |                     |                        |                                    |
| 2001 | Ian Jennings                | Ian Jennings                  | Steve Westwood         | Mary Pearson               | Bob Mulholland           | Ian Jennings        |                        |                                    |
| 2002 | Phil Biggs                  | Nigel Spickett                | Gill Grimes            | Daryl Bill                 | Martyn O'Driscoll        | Neil Brown          |                        |                                    |
| 2003 | Phil Turney                 | Helen Atkinson                | Helen Atkinson         | Steve Appleton             | Janet Roelandts          | Phil Turney         |                        |                                    |
| 2004 | Ian Jennings                | Martyn O'Driscoll             | Nigel Spickett         | Danielle Clarke            | Roger Holmes             | Jon Brewis          |                        |                                    |
| 2005 | Ian Jennings                | Pete Barnard                  | Fran Duinker           | John Drake                 | Pete Barnard             | Martyn O'Driscoll   |                        |                                    |
| 2006 | Clarke Duncan               | Ian Jennings                  | Neil Brown             | Richard Lakin              | Kevin Parker             | Fran Duinker        | Clarke Duncan          | Fran Duinker                       |
| 2007 | Ian Jennings                | Victoria Urch                 | Ian Jennings           | Victoria Urch              | Ian Jennings             | Richard Hall        | Ian Jennings           | Nigel Spickett                     |

Ian Jennings



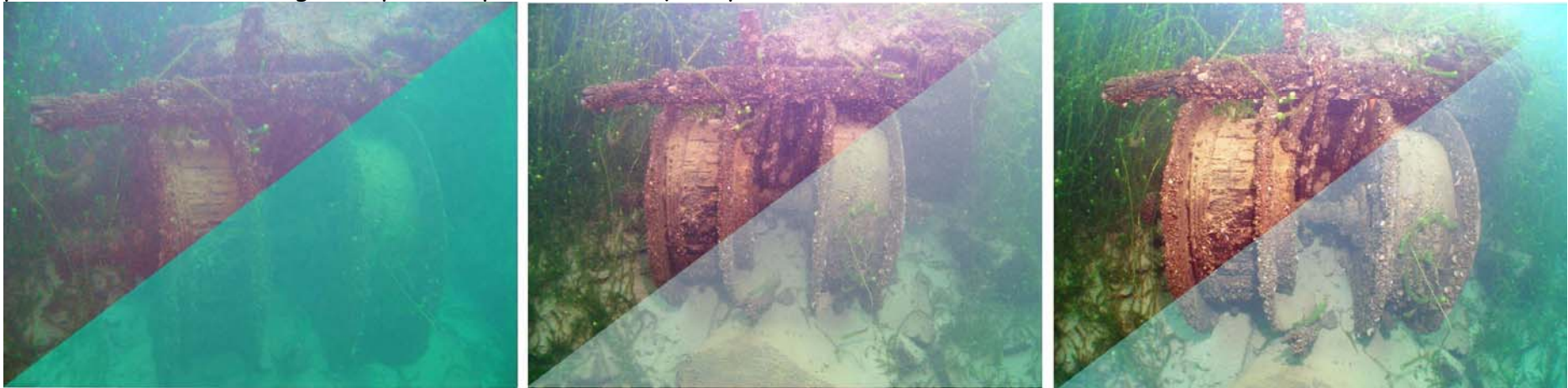
## Photo Tips - Wide Angle

Hi All.

The most common thing you hear in underwater photography when you ask how to improve picture quality is to 'reduce the water column'. Below are some pictures I took of the reeling drums. The bottom right of each picture is 'as taken' the top left is after I 'played' with the images.

The difference between the three main pictures is that the left one is taken at the widest angle setting on the camera, the middle one was the same but with a wide angle adaptor, the right hand one is again the same but this time taken with a fish-eye (super-wide) adaptor. I framed the pictures so that I took as much of the drum for each picture, which meant I was a lot closer for the wider angle shots - hence 'reducing the water column' (for the standard lens shot this was difficult as I could only just see the drums on the viewfinder!).

Hopefully you can see that the clarity of the wider-angle shots is much better (both before and after I worked on them). The downside is that you will get some distortion due to the wide angle but generally this is not noticeable on underwater pictures and far outweighed by the improvement of quality.



Standard Lens

Wide Angle Adaptor

Fisheye (superwide) adaptor

So: Reduce the Water Column, Get as close as you can, even if this means you need a wide angle or fisheye adaptor.

Ian Jennings

## Members Dives 2007 – To The End of February

Hi all.

There are not many dives to report (well it is cold) so a brief report this time - and I'll generally let the statistics speak for themselves. It is interesting to note that the top 5 spots are claimed by people who have been diving in warmer waters - but it's good to see Pete Barnard (stalwart member of the 'Thursday Club') heading up 'the rest'.

|                    | Number of Dives | TOTAL TIME (Mins) | TOTAL (Hours) | Instructor /Trainer Time (Mins) | Time x Depth Total | Club Arranged Dives | Inland Dives | Coastal Dives | Foreign Dives | Wreck Dives | Reef Dives | Drift Dives | Other Dives | Night Dives | Training | Instructor / Trainer | Maximum Depth | Average Depth | Minimum Dive Length | Maximum Dive Length | Average Dive Length | 0-10 | 10-15 | 15-20 | 20-25 | 25-30 | 30-40 | 40-50 | 50+ |  |  |
|--------------------|-----------------|-------------------|---------------|---------------------------------|--------------------|---------------------|--------------|---------------|---------------|-------------|------------|-------------|-------------|-------------|----------|----------------------|---------------|---------------|---------------------|---------------------|---------------------|------|-------|-------|-------|-------|-------|-------|-----|--|--|
| Hall Richard       | 14              | 664               | 11.1          |                                 | 11835              | 3                   | 3            |               | 11            |             |            |             |             |             |          |                      | 30.2          | 17.6          | 26                  | 65                  | 47                  | 2    | 3     | 3     | 5     |       |       |       |     |  |  |
| Hall Kath          | 13              | 647               | 10.8          |                                 | 11728              | 2                   | 2            |               | 11            |             |            |             | 13          |             |          |                      | 29.9          | 18.2          | 29                  | 65                  | 50                  | 1    | 3     | 3     | 5     | 1     |       |       |     |  |  |
| Brown Neil         | 11              | 587               | 9.8           |                                 | 8641               |                     |              |               | 11            |             | 11         |             |             | 2           |          |                      | 22.8          | 14.0          | 32                  | 70                  | 53                  | 2    | 5     | 3     | 1     |       |       |       |     |  |  |
| Stockdale Claire   | 11              | 587               | 9.8           |                                 | 8641               |                     |              |               | 11            |             | 11         |             |             | 2           |          |                      | 22.8          | 14.0          | 32                  | 70                  | 53                  | 2    | 5     | 3     | 1     |       |       |       |     |  |  |
| Walford Barry      | 11              | 548               | 9.1           |                                 | 9998               | 1                   | 1            |               | 10            |             |            |             | 11          |             |          |                      | 29.7          | 18.7          | 26                  | 65                  | 50                  |      | 3     | 3     | 4     | 1     |       |       |     |  |  |
| Barnard Peter      | 10              | 379               | 6.3           | 90                              | 8878               | 10                  | 10           |               |               |             |            |             | 10          |             | 3        | 3                    | 35.1          | 23.6          | 21                  | 55                  | 38                  | 1    |       | 2     | 3     | 1     | 3     |       |     |  |  |
| Parker Kevin       | 7               | 335               | 5.6           | 32                              | 7298               | 5                   | 7            |               |               |             |            |             | 7           |             | 1        | 1                    | 35.1          | 19.7          | 32                  | 67                  | 48                  | 2    |       |       | 4     |       | 1     |       |     |  |  |
| Jennings Ian       | 6               | 295               | 4.9           |                                 | 7188               | 6                   | 6            |               |               |             |            |             | 6           |             |          |                      | 34.2          | 25.1          | 38                  | 61                  | 49                  |      |       | 1     | 3     |       | 2     |       |     |  |  |
| Appleton Steve     | 4               | 243               | 4.1           |                                 | 6178               | 4                   | 4            |               |               |             |            |             | 4           |             |          |                      | 35.1          | 25.1          | 50                  | 67                  | 61                  |      |       |       | 3     |       | 1     |       |     |  |  |
| Duinker Fran       | 4               | 202               | 3.4           | 70                              | 4236               | 4                   | 4            |               |               |             |            |             | 4           |             | 2        |                      | 35.1          | 17.5          | 34                  | 67                  | 50                  | 2    |       |       | 1     |       | 1     |       |     |  |  |
| Rose Gary          | 4               | 187               | 3.1           |                                 | 4322               | 4                   | 4            |               |               |             |            |             | 4           | 2           |          |                      | 24.4          | 23.2          | 26                  | 67                  | 47                  |      |       |       | 4     |       |       |       |     |  |  |
| Spickett Nigel     | 5               | 171               | 2.9           | 58                              | 2752               | 5                   | 5            |               |               |             |            |             | 5           |             | 2        | 2                    | 24.8          | 16.0          | 28                  | 45                  | 34                  | 2    |       |       | 3     |       |       |       |     |  |  |
| Goddard Dave       | 5               | 169               | 2.8           |                                 | 3196               | 5                   | 5            |               |               |             |            |             | 5           |             | 1        |                      | 34.9          | 18.4          | 26                  | 42                  | 34                  | 2    |       |       | 2     |       | 1     |       |     |  |  |
| Holmes Roger       | 4               | 169               | 2.8           | 82                              | 2614               | 2                   | 4            |               |               |             |            |             | 4           |             | 2        | 2                    | 21.8          | 14.7          | 35                  | 52                  | 42                  | 2    |       |       | 2     |       |       |       |     |  |  |
| Calver Neil        | 4               | 156               | 2.6           | 84                              | 2996               | 4                   | 4            |               |               |             |            |             | 4           | 2           | 2        | 2                    | 24.4          | 19.6          | 26                  | 46                  | 39                  | 1    |       |       | 3     |       |       |       |     |  |  |
| Hill Michael       | 4               | 141               | 2.4           |                                 | 2475               | 4                   | 4            |               |               |             |            |             | 4           |             | 1        |                      | 21.0          | 16.8          | 26                  | 48                  | 35                  | 1    |       | 1     | 2     |       |       |       |     |  |  |
| Urch Vicki         | 4               | 136               | 2.3           |                                 | 1371               | 4                   | 4            |               |               |             |            |             | 4           |             |          |                      | 21.0          | 10.3          | 32                  | 36                  | 34                  | 3    |       |       | 1     |       |       |       |     |  |  |
| Pickup Andrew      | 4               | 128               | 2.1           |                                 | 2213               | 4                   | 4            |               |               |             |            |             | 4           |             | 2        |                      | 25.5          | 17.7          | 21                  | 39                  | 32                  | 1    |       | 1     | 1     | 1     |       |       |     |  |  |
| Turney Phil        | 3               | 126               | 2.1           |                                 | 2014               | 3                   | 3            |               |               | 1           |            |             | 2           |             |          |                      | 20.3          | 16.0          | 36                  | 48                  | 42                  | 1    |       | 1     | 1     |       |       |       |     |  |  |
| Clarke Erica       | 3               | 111               | 1.9           |                                 | 2365               | 3                   | 3            |               |               |             |            |             | 3           |             |          |                      | 22.0          | 21.4          | 31                  | 45                  | 37                  |      |       |       | 3     |       |       |       |     |  |  |
| Simpson Adam       | 2               | 84                | 1.4           |                                 | 1256               | 2                   | 2            |               |               |             |            |             | 2           |             | 2        |                      | 20.9          | 15.0          | 42                  | 42                  | 42                  | 1    |       |       | 1     |       |       |       |     |  |  |
| Bagshaw Mark       | 2               | 82                | 1.4           |                                 | 1221               | 2                   | 2            |               |               |             |            |             | 2           |             | 2        |                      | 20.5          | 14.8          | 40                  | 42                  | 41                  | 1    |       |       | 1     |       |       |       |     |  |  |
| Johnson Bill       | 2               | 70                | 1.2           |                                 | 2021               | 2                   | 2            |               |               |             |            |             | 2           |             |          |                      | 34.9          | 28.1          | 31                  | 39                  | 35                  |      |       |       | 1     |       | 1     |       |     |  |  |
| Shaw Samantha      | 2               | 70                | 1.2           |                                 | 454                | 2                   | 2            |               |               |             |            |             | 2           |             | 2        |                      | 7.0           | 6.5           | 34                  | 36                  | 35                  | 2    |       |       |       |       |       |       |     |  |  |
| Pickup William     | 2               | 69                | 1.2           |                                 | 817                | 2                   | 2            |               |               |             |            |             | 2           |             | 1        |                      | 15.1          | 11.4          | 30                  | 39                  | 34                  | 1    |       |       | 1     |       |       |       |     |  |  |
| Benton Simon       | 2               | 67                | 1.1           |                                 | 2046               | 2                   | 2            |               |               |             |            |             | 2           |             | 1        |                      | 35.1          | 30.0          | 30                  | 37                  | 34                  |      |       |       | 1     |       | 1     |       |     |  |  |
| Day Jason          | 1               | 42                | 0.7           |                                 | 357                | 1                   | 1            |               |               |             |            |             | 1           |             |          |                      | 8.5           | 8.5           | 42                  | 42                  | 42                  | 1    |       |       |       |       |       |       | 1   |  |  |
| Whittingham Sophie | 1               | 38                | 0.6           |                                 | 384                | 1                   | 1            |               |               |             |            |             | 1           |             | 1        |                      | 10.1          | 10.1          | 38                  | 38                  | 38                  |      |       | 1     |       |       |       |       |     |  |  |
| Woodcock Peter     | 1               | 38                | 0.6           | 38                              | 384                | 1                   | 1            |               |               |             |            |             | 1           |             | 1        | 1                    | 10.1          | 10.1          | 38                  | 38                  | 38                  |      |       | 1     |       |       |       |       |     |  |  |
| Beesley Steve      | 1               | 34                | 0.6           |                                 | 245                | 1                   | 1            |               |               |             |            |             | 1           |             |          |                      | 7.2           | 7.2           | 34                  | 34                  | 34                  | 1    |       |       |       |       |       |       |     |  |  |
| Jacques David      | 1               | 32                | 0.5           |                                 | 672                | 1                   | 1            |               |               |             |            |             | 1           |             | 1        |                      | 21.0          | 21.0          | 32                  | 32                  | 32                  |      |       |       | 1     |       |       |       |     |  |  |

With the waters now starting to warm up (not that it feels like it when you jump in to the Cove!) I anticipate the number of dives reported will increase.

Don't forget to get your Marshal sheets in to Nigel (or to me if Nigel isn't about!).

Ian Jennings - March 2008

