

Free Flow

The magazine for LSAC

Apr 2006
Issue 99

In This Months Issue

Pathfinder Course

LSAC Bonus Ball Game

LSAC Stripped

Cover Photo Courtesy of Ian Jennings



Free Flow

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At all good Newsagents now....
Hence only downloadable from lsac.co.uk

Editors Bit...



By the time of the next edition Loch Fynne will have come and gone. Last years intrepid group posse for the camera, yes I know its easy to think this photo was taken during the Red Sea trip

This edition was to be all about the Red Sea but with calls for a Red Sea special the ed has relinquished and a Red Sea special shall be produced. I will aim to issue this in a fortnights time.

Mike Flatt is organising the LSAC Bonus Ball Game, details below, and the Ed encourages you to choose your lucky numbers and let Mike know ASAP.

Its good to see that the Dive time competition is well under way and that the old guys are showing up well with 3 members of the over 50's club in the top 5, so come on you youngsters get your dive gear out of storage and into the water.

Pete

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Club members get into shape with synchronised hip thrusting, twirling and general showing off.

If you would like to become Miss or Mr May or know someone who should be, then please email me with the photo and a brief description of why the person should be a page 3 lovely. pete.barnard@power.alstom.com

The Chairman's Knock

We are now heading towards the main dive season here in the UK (did it ever stop!) and hopefully a busy period of activity within the club including trips (lots planned - check out the trip calendar, but still more weekends available) and training, etc. If you're new to the club and want to get involved, whether that be on trips, etc then please let someone on the committee know.

The recent try dives haven't been too successful, but we should still hopefully gain several new members. We will be arranging another couple of try dive nights in July (11th & 18th) when we aim to get people just going or just coming back from holiday down for a go. We will need your help with advertising, etc. so watch out for further details.

At the recent committee meeting it was agreed to look into updating the existing website and so if you have any ideas, etc. then please forward them onto me (scubaroj@tiscali.co.uk) and I will collate and forward onto Neil Brown/Andrew Jacks.

As per my recent email, Steve has decided to resign as equipment officer and I would like to thank him for all of his hard work over the past 2 1/2 years. The committee have co-opted Gary Rose as a replacement until the AGM in September.

I am proposing to hold another open forum on the 9th May; this is an opportunity for YOU to put your views, ideas, etc forward about the club so please make an effort to attend.

Unfortunately since the club moved to the new pool the numbers of members going to the pub after has dwindled. The pub is an ideal place to socialise with other club members and catch up on gossip, trips, etc. so please all make the effort. If you're new to the club you will be made to feel welcome. We meet at the Royal Oak in Bitteswell (details on the website).

Whilst on the social side, if anyone fancies organising a few social events through the summer please let me know.

Happy Diving

Roj

PATHFINDER TROPHY Competition 2006

- Rule 1:** All club members must submit an entry
Rule 2: My subjective prejudices have the only and final say
Rule 3: Bribery of the judge is encouraged

Rule 4: There is only 3 rules

This year the competition is split into 3 categories so that all club members are competing on an equal basis.

Ocean and Sport's Diver Trainees

During training OO5 (pilotage) and SO4 (compass navigation) you will be practicing your pathfinder skills. When you practise and/or get signed off on OO5 and/or SO4 get the instructor to let me know how you got on. In discussion with them and our Training Officer Richard Green I'll rank the performances.

Sport's Divers

Starting with the Stoney map. Fill in all the missing items on the 6 and 20m dive area, i.e. there are a few underwater items not shown on the map all you have to do is submit a map with all these items. Bonus points for getting all the items in the correct position, yes not all those items on the Stoney map are in the correct position. All you have to do is go in and have a look. NOTE: only down to 20m. No bonus points for anything down the hole.

Dive Leader's and Above

Same as for Sport's Divers but the whole of the Cove is included. As above there will be bonus points for getting items in the correct location. There is a double bonus for estimating the minimum decompression the you could get away with if you could dive all the underwater items in one dive.

LSAC BONUS BALL GAME

A start date has now been set for the LSAC BONUS BALL GAME; June 03rd 2006 will be the 1st week with prize money paid out on Tuesday 06th June at club night.

The names, numbers and winners will be published on the club website so even if you do not attend on Tuesday evenings you will be able to follow what's going on and of course hand out suitable banter to the winners.

We need to get 49 numbers in use to make this work, in a club with over 80 members even taking out under 18's this should be possible, so don't wait to see if other people take part e-mail me with your requested number and if its free you get it if not choose again.

As the numbers get taken I will put out an e-mail so taken people can see who is taking part and what numbers are left. If you have mailed me before, to say yes to play, you need to send me your number choice and how many.

Below is a list of rules and conditions please read carefully before you enter.

The game

1. We would sell 49 numbers @ £1 each
2. Draw would use the main lottery bonus ball number drawn on a Saturday original lottery and the winner would be handed the money at the following Tuesday club night
3. £25 would be the prize fund with £24 going to a club fund for use in purchasing things not already budgeted for in the annual accounts. (the committee members would decide on the use of the money).
4. Payment would be 4 weekly. First payment 8 weeks (£8) then every 4 weeks so your are 4 weeks in credit , The best way would be by electronic payment (add to membership monthly which means you need to change your standing order) If you do not pay you will get 2 reminders and at the 3rd week of non-payment the number will be resold, thus keeping all 49 numbers paid for. I will be collecting any cash payments on Tuesday Evenings, If family members join then the club member is responsible for getting their payment to me.
5. If the numbers could not be maintained and people did not take up the spares those numbers would become "club numbers" with no payment needed and the prize go's to the club. If the club numbers came up the club fund gets 50% of the money the other 50% go's as rollover to next draw.
6. The club reserves the right to cancel at any time with moneys returned to participants if it became too difficult to collect payments.

After talking with Ian Jennings & Sue Carver it would be easiest if participating people just added the payments to the membership charge and paid £4.34 extra each month, but if people do not want to do this I can collect on Tuesday nights.

Rules.

No person under 18 years of age can take part.

No advertising can be done outside of club publications.

Only club members and family can take part.

Winner's names can only be published in club publications or by e-mail to club members.

LSAC website is ok to publish winners

The Committee will have the final decision on all matters connected to the above.

So lets get playing !! The cynics amongst us say we will not get 49 people , I would like to sell 98 numbers and run two games . It would be nice for people to enter because they want to help the club have funds to buy equipment etc rather than because I made you feel guilty for not helping (and I am good at making people feel guilty).

Regards
Mike Flatt

WIKI



THANK GOD I
DON'T HAVE TO
WALK
TOMORROW ..

LSAC DECIDED TO GO
TO THE LAKE DISTRICT



THAT'S MY
BOY

YOU
LET
ONE
OFF?

BUGGER!!!

THE NEXT DAY...

MEANWHILE, STUART
PLAYED POCKET
BILLIARDS...



OOOH!
POTTED
THE
BROWN!



SO THE
PUB'S
THIS
WAY?

YES
NEIL!
KEEP
GOING



YOU
SURE?

POTTED
THAT
BROWN
AGAIN!

YES
NEIL,
KEEP
GOING
MATE



HEY GUYS?

HE NEVER GETS
A ROUND IN...
THERE'S
ALWAYS SOME
EXCUSE

THAT NIGHT...



YOU
GUYS!!!

LSAC STRIPPED



GOT A PHOTO STORY FOR LSAC FREEFLOW. SEND YOUR DIGITAL PHOTOS TO PETE BARNARD AND WE'LL THINK OF SOME RUDE AND OBNOXIOUS COMMENTS TO PUT ON YOUR PRIDE AND JOY PHOTOS

Members Dives To (nearly the end of) March 2006

Leading Positions

As anticipated the overall times done were dramatically changed by the Red Sea trip. In last month's report I said Fran was leading with about 900 minutes... Well the leading people from the Red Sea trip were:

Clarke Duncan with 1031 minutes

Neil Brown with 954 minutes and

Claire Stockdale* with 939 minutes

So as you can imagine Fran has finally been bumped off the top slot but she clings on in the top 10 at 10th. (*Claire wants it to be known that after her dive times from her computer were checked she came 3rd in the Red Sea listings- not 5th as initial said!)

The leading positions in the main competition at the time of writing are:

1st Roger Holmes 1570 minutes

2nd Kev Parker 1566 minutes

3rd Pete Barnard 1440 minutes

4th Gary Rose 1405 minutes

5th Ian Jennings 1385 minutes

(I've kept the places down to 5th because I'm hanging on in the top 5!).

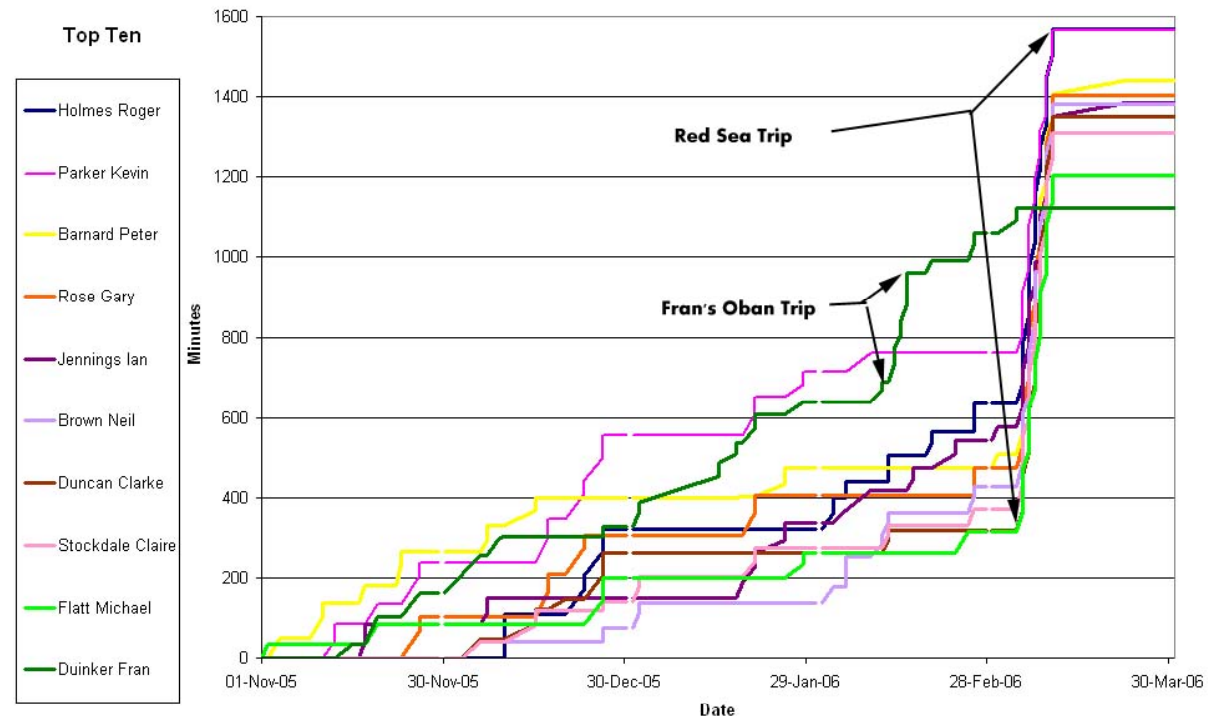
Fran is still leading the instructor's section by a country mile - extending her lead this month by over 110 minutes!

1st Fran Duinker. 265 minutes

2nd Martyn O'Driscoll 146 mins

3rd Roger Holmes 94 minutes

The statistic I am highlighting this month not surprisingly is the effect of the Red Sea dives on the records - you can see how dramatically times increased.



Keep the sheets coming in.

Ian Jennings 30/3/06

Tuesday Night Schedule

DATE	Ocean	Sports Diver	DIVE LEADER	Instructor	SKILL DEVELOPMENT	INTEREST EVENINGS	POOL TRAINING	MARSHAL	TRIP/WEEKENDS/SOCIALS	DATE
03-Jan-06	NO CLUB - HAPPY NEW YEAR					ND. Stoney Wed. 4/1				03-Jan-06
10-Jan-06								M.O'Driscoll		10-Jan-06
17-Jan-06								F.Duinker	ND. Stoney Wed 19/1	17-Jan-06
24-Jan-06						Instructor Evening	instructor evening	J.Brewis		24-Jan-06
31-Jan-06						Red Sea - Roger Holmes		N.Spickett	Plymouth brief	31-Jan-06
07-Feb-06						Liner - Phil Turney		P.Turney	ND. Stoney Wed. 1/2	07-Feb-06
14-Feb-06								P.Woodcock		14-Feb-06
21-Feb-06		ST1/R Holmes	DT1 The Role of a dive leader	N.Brown		Underwater Photography - Ian J	Sports Diver R Green	S.Grimes	ND.Stoney Wed 22/02	21-Feb-06
28-Feb-06		ST2/I.Jennings	DT2 CPR	R Holmes/ P. Barnard		Red Sea Video	Sports Diver R Green	P.Barnard	Red Sea Brief	28-Feb-06
07-Mar-06		ST3/Steve Appleton	DT2 CPR				Sports Diver Gary Rose	I.Jennings	ND. Stoney Wed 1/03 Red Sea	07-Mar-06
14-Mar-06							Sports Diver N Brown	N.Brown		14-Mar-06
21-Mar-06		ST4/J Brewis	DT3 O2& Incidents	F.Duinker		Dive Sites - Nigel Spickett	TRY DIVE	B.Mulholland	ND Stoney Wed 15/03	21-Mar-06
28-Mar-06		ST3/N Brown	DT3 O2& Incidents	F.Duinker		Turks and Caicos - Gary Rose	TRY DIVE	Gary Rose		28-Mar-06
04-Apr-06	OT1 Intro/Nbrown	ST5/N Tomlin	DT4 Casualty Asses	R Green		GPS - Neil Brown	Ocean Diver Roger Holmes	N.Tomlin	ND. Stoney Wed 5/4	04-Apr-06
11-Apr-06	OT2/P Barnard	ST6/M Flatt	DT5 O2 Equipment	P.Turney/P Barnard		Boat - Nigel	Ocean Diver P.Barnard	Roger Holmes	Easter Brief	11-Apr-06
18-Apr-06	No Club Easter								ND. Stoney Wed 19/5	18-Apr-06
25-Apr-06	OT3/G Rose		DT6 O2 Admin	I.Jennings		Zenobia - Kev Parker	Ocean Diver R Green	Kev Parker	Plymouth brief	25-Apr-06
02-May-06	No Club May Day Bank Holiday							ND Stoney 3/5		02-May-06
09-May-06						Open Forum	Ocean Diver M.O'Driscoll	Steve Appleton	Plymouth brief	09-May-06
16-May-06	OT4/P Barnard		DT7 O2 Admin pract	P.Woodcock		Djibouti - Steve Appleton	Ocean Diver J.Brewis	Chris Thurman	ND. Stoney Wed 17/5 Farnes Brief	16-May-06
23-May-06	OT5/P Turney		DT8 Dive Planning	M.O'Driscoll	24,25th Chart work/positioning		Ocean Diver P.Turney	M.O'Driscoll	West Bay Brief	23-May-06
30-May-06	NO CLUB - WHITSUN BANK HOLIDAY									30-May-06
06-Jun-06	OT6 S Appleton		DT8 Dive Planning	M.O'Driscoll		Far East - Richard Green	Ocean Diver B Mulhollan	F.Duinker	ND Stoney Wed 07/06 Weymouth B	06-Jun-06
13-Jun-06	OT7/ R Green		DT9 Rescue Management	I.Jennings	11,12th chart work/positioning		Ocean Diver Gary Rose	J.Brewis		13-Jun-06
20-Jun-06	Catch up/I.Jennings		DT10 Heli Operations	R Holmes/		St Kilda - Nigel Spickett		N.Spickett	ND Stoney Wed 21/06 Iymington bri	20-Jun-06
27-Jun-06			DT11 Rescue man part2	N.Brown				P.Turney	St Kilda Brief	27-Jun-06
04-Jul-06			DT12 Dive Marshal	P.Turney		Estartit - Fran Duinker		P.Woodcock	ND. Stoney Wed 5/7	04-Jul-06
11-Jul-06			DT12 Dive Marshal Shots	P.Turney			Try Dive	S.Grimes	Cornwall brief	11-Jul-06
18-Jul-06							Try Dive	P.Barnard	ND. Stoney Wed 19/7 Whitby Brief	18-Jul-06
25-Jul-06	ST1	N.Tomlin				Ireland - Pete Barnard	Sports Diver P.Barnard	I.Jennings		25-Jul-06
01-Aug-06	ST2	M.O'Driscoll					Sports Diver N.Tomlin	N.Brown	ND Stoney 2/8	01-Aug-06
08-Aug-06	ST3	I.Jennings				Marine Biology - Anne Marie Barnard	Sports Diver Roger Holmes	B.Mulholland	Scapa Brief	08-Aug-06
15-Aug-06	ST4	R Holmes					Sports Diver Steve Appleton	Gary Rose	ND. Stoney Wed 16/8.	15-Aug-06
22-Aug-06	ST5	N.Brown					Sports Diver Richard Green	N.Tomlin	Farnes Brief	22-Aug-06
29-Aug-06	NO CLUB - AUGUST BANK HOLIDAY							ND.Stoney Wed 1/9		29-Aug-06
05-Sep-06	ST6	P.Woodcock					TRY DIVE	Roger Holmes		05-Sep-06
12-Sep-06		CATCHUP					TRY DIVE	Kev Parker	ND. Stoney Wed 13/9 Brixham Brief	12-Sep-06
19-Sep-06							Ocean Diver N.Brown	Steve Appleton		19-Sep-06
26-Sep-06	AGM						Ocean Diver F.Duinker	Chris Thurman		26-Sep-06
03-Oct-06	OT1 Intro	N.Brown					Ocean Diver I.Jennings	M.O'Driscoll	ND. Stoney Wed 04/10	03-Oct-06
10-Oct-06	OT2	P.Barnard/R Holmes				Scotland 2007 - Fran Duinker	Ocean Diver Roger Holmes	F.Duinker		10-Oct-06
17-Oct-06	OT3	M.O'Driscoll					Ocean Diver B.Mulhollan	J.Brewis	ND. Stoney Wed 18/10	17-Oct-06
24-Oct-06	OT4	F.Duinker					Ocean Diver N.Spickett	N.Spickett		24-Oct-06
31-Oct-06	OT5	N.Tomlin					Ocean Diver P.Woodcock	P.Turney	ND. Stoney Wed 1/11	31-Oct-06
07-Nov-06	OT6	R Green					Ocean Diver N.Tomlin	P.Woodcock		07-Nov-06
14-Nov-06	OT7	P.Turney/P Barnard						S.Grimes	ND. Stoney Wed 15/10	14-Nov-06
21-Nov-06	Catch up	I.Jennings						P.Barnard		21-Nov-06
28-Nov-06								I.Jennings		28-Nov-06
05-Dec-06								N.Brown	ND. Stoney Wed 06/11	05-Dec-06
12-Dec-06	Quiz and Social Night								Quiz and Social Night	12-Dec-06
19-Dec-06	Christmas No Meeting								Christmas No Meeting	19-Dec-06
26-Dec-06	New Year No Meeting								New Year - No Meeting	26-Dec-06
	INTRO/OCEAN DIVER	SPORTS DIVER	DIVE LEADER		SKILL DEVELOPMENT	INTEREST EVENINGS	POOL TRAINING		TRIP/WEEKENDS/SOCIALS	DATE

2006 Dive Planning Click on the name of the Organiser to Email

Date	Destination	Organiser	Type	No.of boats	Level	Spaces	Available	Accommodation	Est.Cost	Deposit
4th-5th Feb	Plymouth	Neil C and Pete B	Club Rib	1	SD	10		B+B	70	
5th -12 March	Red Sea	Kevin Parker	Hardboat L/A	1	SD	20	0	Liveaboard	765.23	200
13th-24th April	Loch Fyne	Dave Wilson	Club RIBs	2	All	Unlimited		Camp + Caravan	TBA	TBA
5th-8th May	Plymouth	Nigel Spickett	Club RIBs	2	All	10	10	Camp	TBA	10
20th 21st May	Farnes	Fran Duinker	Club RIBs	2	All	10	10	Camp	TBA	TBA
2nd-5th June	West Bay	Mike Flatt	Club RIBs	2	All	10	10	Camp	TBA	TBA
9th-11th June	Weymouth Chart work	Phil Litchfield + Neil Brown	Club RIBs	2	All	10	10	Camp	TBA	TBA
23rd-26th June	Lymington	Nigel Spickett	Club RIBs	2	All	10	10	B+B	TBA	10
1st-8th July	St.Kilda	Nigel Spickett	Hardboat L/A	1	DL	12	0	Liveaboard	675	100
14th-17th July	Lizard Cornwall	Phil Turney	Club RIBs	2	All	10	10	Camp	TBA	TBA
12th-19th Aug	Scapa Flow	Martyn O'Driscoll	Hardboat L/A	1	Exp. SD	12	1	Liveaboard	350	TBA
25th-29th Aug	Farnes	Mike Flatt	Club RIBs	2	All	10	10	Camp	TBA	TBA
8th 9th Sept	Kirkby Lonsdale	Bob Mullholland	River	n/a	All	Unlimited	Unlimited	B+B	TBA	TBA
15th Sept	Salsette	Neil Tomlin	Hardboat	1	DL	10 or 12	10 or 12	n/a	TBA	TBA
16th 17th Sept	Weymouth	Neil Brown	RIBs	2	oc	10	8	camping	TBA	TBA
23-24 Sept	Plymouth	Martyn O'Driscoll	Club RIBs	2	All	10	10	Camp	TBA	TBA
30 Sept 1st Oct	Plymouth	??	Club RIBs	2	All	10	10	camp	TBA	TBA
October	Estartit	Fran Duinker	Hardboat	1	SD	10 or 12	10 or 12	Apartments	TBA	TBA
TBA	Baltimore - Eire	Pete Barnard	Hardboat or RIB	TBA	SD	TBA	TBA	TBA	TBA	TBA
TBA	Brixham	Fran Duinker	Club RIBs + Shore	2	All	Unlimited	Unlimited	Camp	TBA	TBA
TBA	St.Abbs	Bob Mullholland	Club RIBs	2	All	10	10	Camp	TBA	TBA
TBA	Anglesea	Ian Jennings	Club RIBs	2	TBA	10	10	TBA	TBA	TBA