

In This Months Issue

Stats

Zenobia April 2011

Aug 2011

Issue 149

Free Flow

The magazine for LSAC

Photo by Mike Hill



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Free Flow

Buddies

Welcome to this latest edition of Freeflow.

Yes there was no July edition but hopefully we are now back on track.

Ian's stats on dive per diver is interesting in that it answers one of the key questions about whether we are diving less or there are fewer divers. It looks like the over 50's are ruling the roost again this year when it comes to the top of the table.

Will soon be time for change at the top, i.e. committee. If you wish to stand for any posts please don't feel reserved but get stuck in and see what a dive club is really about, which is completely different to diving. Don't know how to get involved then speak to any of the committee, but primarily Chairman Chris or DO Richard

PeteB



This blurred image of the Farnes trip in July is by way of enticing a proper dive report where we can see some more photos and with luck can see the smiley faces. Note the awful state of the sea, and the dark rain clouds threatening, no all I can see is sun hats and sun glasses, must be abroad some where.

Zenobia, April 2011

We had originally planned to dive more than just the Zen but she was so big and beautiful we spent nearly the whole week on her. We being Mike Hill and Pete Barnard, we just up and spent a week in warm clear waters just for something different. There was the customary warm up dives the first day but after that we got onto the real diving.

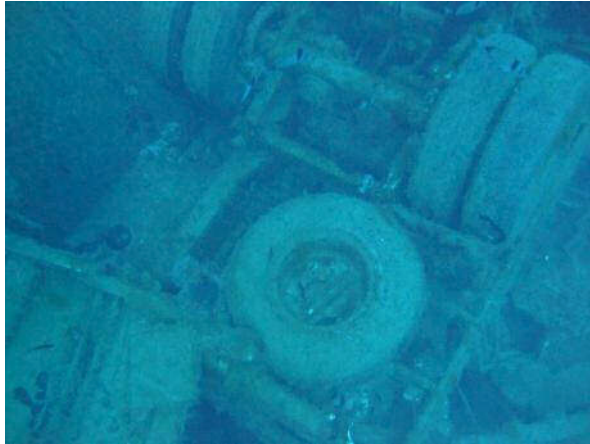
For those that don't know the Zenobia, aka Zen, is reputed to be one of the top five wreck dives in the world. She was built in Sweden in 1979, leaving Malmo in May 1980 on her maiden voyage, bound for Syria loaded with 104 lorries and various other cargo mostly stored on the lorries. On route she developed steering problems and began listing to port caused by excess water that had been pumped into the ballast tanks. She arrived at Larnaca on 2 June 1980, where engineers discovered that the computerised pumping system was pumping excess water into the side ballast tanks, making the list progressively worse. http://www.dive-in.com.cy/images/larnaca/zenobia/full/Zenobia_wreck.jpg On 4 June, she was towed out of the harbour to prevent her becoming an obstruction in case of sinking. Despite repeated requests from the captain to return her to Larnaca harbour permission was denied. At around 2:30am 7 June 1980, the Zenobia capsized and sank in Larnaca Bay to a depth of 42 metres, taking her estimated £200 million worth of cargo with her. Where she sits today just 1.5km outside the harbour.

We dived with the Dive-In outfit just on the edge of Larnica main town. The travel time to the site takes about 5 mins, although walking to the jetty takes about the same time. This allows plenty of time between dives to take a healthy snack at one of the local sea front restaurants/cafes. We spent most of our time at Michael's next door to the dive centre, a happy cheerful guy and wife, but getting on a bit so looking to sell out, so if you want a sea front restaurant next to a dive centre I know just the place for you. We stayed at the San Marino, a convenient perfectly adequate and friendly hotel around the corner from Dive-In. The main decision to be made each day was where to eat in the evening with a large choice of eateries, if you choice a dish called a Meze be prepared for waves of dishes and swollen belly by the end.

So what about the diving I hear you ask. This part of Cyprus is really a one show town, the reef/scenic dives are fairly flat and boring but the Zen is something else, a truly amazing wreck. We spent 7 hours exploring her inside and out, would have been 8 hours but one afternoon was



blown out. Each dive was guided, which for those dives inside was a must, as you can tell from the front cover, turn off your torch and it was pitch black. Starting with the outside the first visit is awesome seeing such a huge vessel, lead on her port side in 42m of clear water in such pristine condition, with lots to explore including the trunks slide to the sea bed or suspended from their mounting. The props were very impressive looking up from the port side prop at the starboard prop some 10m away was almost surreal.



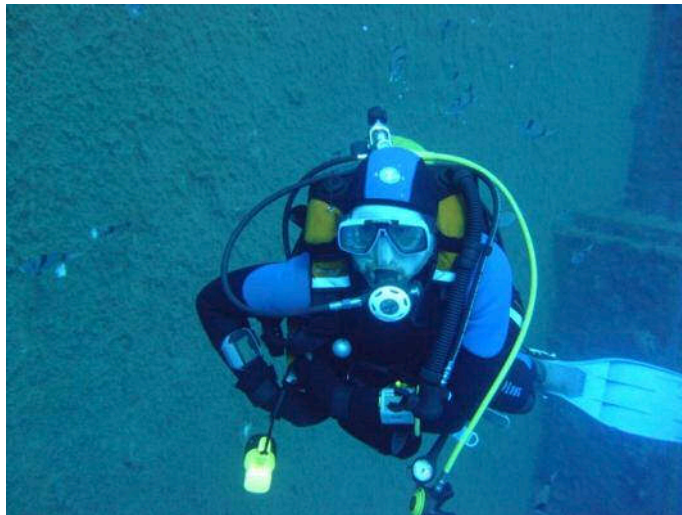
Penetration to the inner desks is a must for those that enjoy wreck diving, starting with the crews/captains cabins and bridge, along with all the associated facilities, i.e. canteen, kitchen, infirmary etc. This bit of the penetration is easy with lots of sunlight and open easy access. Next comes the more exhilarating bit, namely the cargo desks, where with no windows sunlight is only a memory. There are several layers of desks and laying on her port side makes navigation and orientation difficult, so a guide is essential until you have suitable knowledge of her layout. Entrance to the lower desks is by way of a hatch, a bit of a struggle with a twin set and more so with stages. Surprisingly most of these dives are conducted on single set ups so it is advisable to stay fairly close to your buddy and keep you torch on at all times. The next series of photos gives feel to the eerie calm that can be experienced in a dark, quite, still and weightless environment, probably the most peaceful place I've ever been.







Yes there was plenty of sea life as well, including a pure white large jelly fish that seem to consider me as lunch either that was very curious as it/he/she followed my movements. There was lots of fish life although not a lot in the lower decks, although I expect there are plenty of crabs and morays lurking. Then there was the now you see me now you don't, the first image is me starting to get the bag of bread from my pouch and after that I'm in there somewhere. All in all a cracking dive trip, which I'd recommend to anyone, provided you're happy to dive the same wreck lots of times. Would I go back and dive her again, well yes probably as we never made it to the engine rooms and lower deck, lots of unhealthy chemicals and oils still about so suitable precautions would be needed.



Photos by Mike Hill, text by Pete Barnard, with additional text and photos courtesy of Dive-In web site

2011 Dive Trips

<u>Date</u>	<u>Site</u>	<u>Organiser</u>	<u>Type</u>	<u>Diver level</u>	<u>Places</u>	<u>Accommodation</u>	<u>Advanced Diver</u>	<u>Towing</u>	<u>Anticipated Cost</u>	<u>Deposit</u>	<u>Trip confirmed</u>
29-30 Jan 11	Plymouth	B Johnson	Hard Boat	Any	10	B&B	N Spickett	N/A	£90 aprox	£45	Complete
12-13 March 11	Weymouth	M Flatt	Boat Handling	Any	3	B&B/Camping	R Hall	M Flatt	£110	£10	
23-25 April 11	TBA	M Flatt	Rib	Any	Unlimited	B&B/Camping	C Brown	M Flatt	?	?	
13-15 May 11	Weymouth C.W.P	N Spickett	Rib	Any	9	B & B/Camping	N Spickett	N Spickett	£50	£10	Yes
11-12 June 11	Plymouth(Night)	R Hall	Rib	Ocean + Night	6	B&B/Camping	R Hall	R Hall	£45	£10	Yes
25-26 June 11	Exmouth	M Flatt	Rib	Any	6	B&B/Camping		M Flatt	£50	£10	
15-18 July 11	Scotland	P Turney	Hard Boat	Any	10?	Live aboard	P Turney	N/A	?	?	
11-15 Aug 11	Weymouth	N Tomlin	Hard Boat/Rib	Any	?	B&B/Camping	N Tomlin	M Flatt	?	?	
10-11 Sep 11	TBA	P Barnard	Rib	Any	6	B&B/Camping	P Barnard	?	?	?	

2011	January	February	March	April	May	June	July	August	September	October	November	December
Sunday					1							
Monday					2							
Tuesday		1	1		3			1			1	
Wednesday		2	2		4	1		2			2	
Thursday		3	3		5	2		3	1		3	1
Friday		4	4	1	6	3	1	4	2		4	2
Saturday	1	5	5	2	7	4	2	5	3	1	5	3
Sunday	2	6	6	3	8	5	3	6	4	2	6	4
Monday	3	7	7	4	9	6	4	7	5	3	7	5
Tuesday	4	8	8	5	10 C.W.P	7	5	8	6	4	8	6
Wednesday	5	9	9	6	11 Weymouth	8	6	9	7	5	9	7
Thursday	6	10	10 Weymouth	7	12	9 Plymouth	7	10 Weymouth	8 TBA	6	10	8
Friday	7	11	11	8	13	10	8	11	9	7	11	9
Saturday	8	12	12	9	14	11	9	12	10	8	12	10
Sunday	9	13	13	10	15	12	10	13	11	9	13	11
Monday	10	14	14	11	16	13	11	14	12	10	14	12
Tuesday	11	15	15	12	17	14	12	15	13	11	15	13
Wednesday	12	16	16	13	18	15	13	16	14	12	16	14
Thursday	13	17	17	14	19	16	14 Scotland	17	15	13	17	15
Friday	14	18	18	15	20	17	15	18	16	14	18	16
Saturday	15	19	19	16	21	18	16	19	17	15	19	17
Sunday	16	20	20	17	22	19	17	20	18	16	20	18
Monday	17	21	21	18	23	20	18	21	19	17	21	19
Tuesday	18	22	22	19	24	21	19	22	20	18	22	20
Wednesday	19	23	23	20 Cornwall	25	22	20	23	21	19	23	21
Thursday	20	24	24	21	26	23 Exmouth	21	24	22	20	24	22
Friday	21	25	25	22	27	24	22	25	23	21	25	23
Saturday	22	26	26	23	28	25	23	26	24	22	26	24
Sunday	23	27	27	24	29	26	24	27	25	23	27	25
Monday	24	28	28	25	30	27	25	28	26	24	28	26
Tuesday	25		29	26	31	28	26	29	27	25	29	27
Wednesday	26		30	27		29	27	30	28	26	30	28
Thursday	27		31	28		30	28		29	27		29
Friday	28 Plymouth			29			29		30	28		30
Saturday	29			30			30			29		31
Sunday	30						31			30		
Monday	31									31		

Chilly Booked



Chilly Not Available



Springs



Other Trips



Neaps



Lutterworth Sub-Aqua Club

Program & Training Schedule 2011 (revision 2 03/07/11)

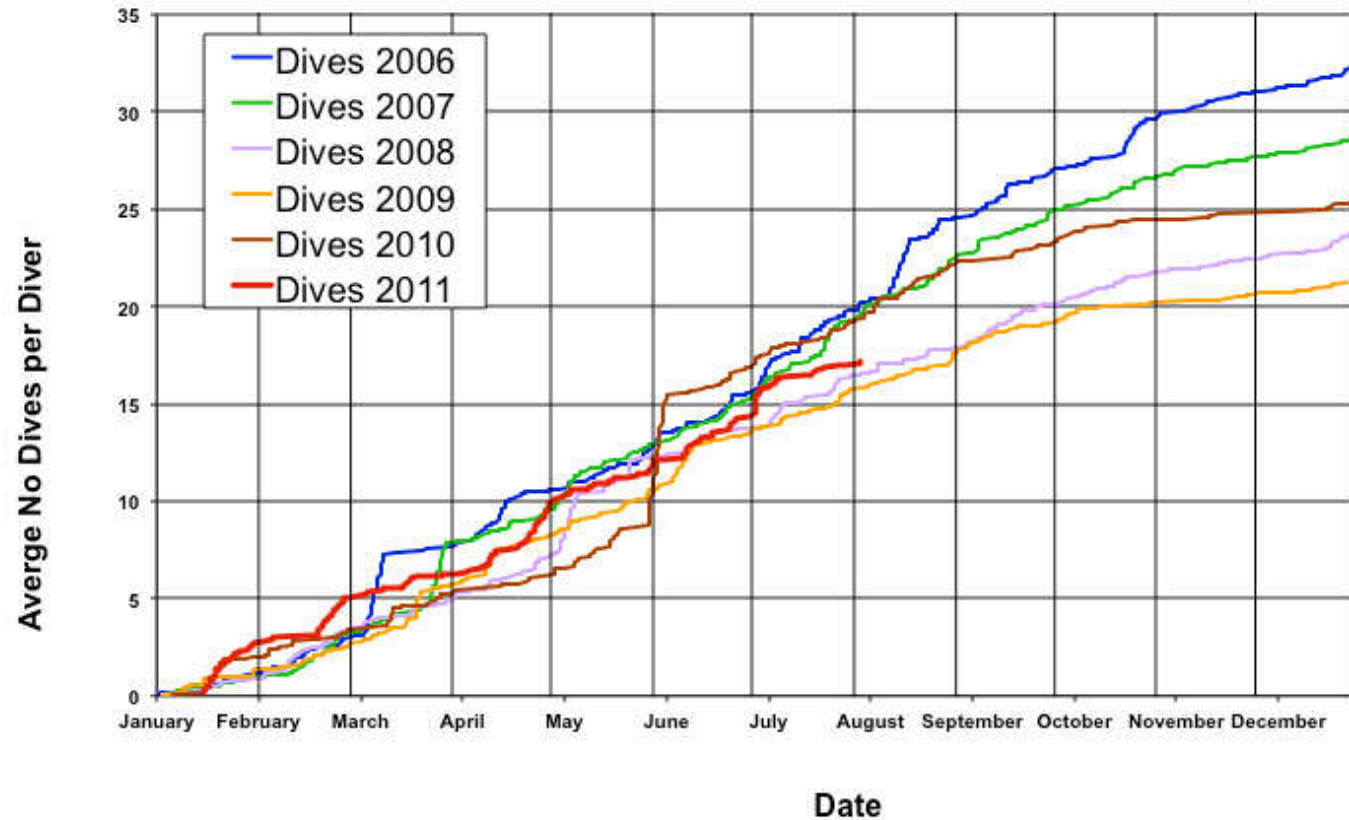
Date	Ocean Diver	Sports Diver	Dive Leader / Advanced Diver	Skill Development	Interest Evening	Pool Training	Trips / Social	Pool Marshal	Date
04-Jan-11	No Club Christmas	No Club Christmas	No Club Christmas	CHARTWORK & POSITION FIXING x2	No Club Christmas	No Club Christmas	No Club Christmas	No Club Christmas	04-Jan-11
11-Jan-11	EXAM	ST4				Ocean & Sports		Steve Beesley	11-Jan-11
18-Jan-11				CHARTWORK & POSITION FIXING		Ocean		Nigel Spickett	18-Jan-11
25-Jan-11	OT1	ST5				Ocean	29/30th - Plymouth		25-Jan-11
01-Feb-11	OT1			CHARTWORK & POSITION FIXING		Ocean			01-Feb-11
08-Feb-11	OT2	ST6			SGM	Ocean			08-Feb-11
15-Feb-11	Trip Planning	Trip Planning	Trip Planning	Trip Planning	Trip Planning	Ocean		Sam Shaw	15-Feb-11
22-Feb-11	OT3	REVISION / CATCH-UP						N/A	22-Feb-11
01-Mar-11	OT3 / OT4	REVISION / CATCH-UP				Ocean		Kath Hall	01-Mar-11
08-Mar-11	OT4	REVISION / CATCH-UP	AT1			Ocean		Ian Jennings	08-Mar-11
15-Mar-11	OT4 / OT5		AT2			Ocean	19th - Stoney Cove	Sam Shaw	15-Mar-11
22-Mar-11		EXAM	AT3				25th - Hot Rock Grill, Leicester	N/A	22-Mar-11
29-Mar-11	OT5 / OT6					Ocean	2nd - Stoney / Wood Farm Brewery	Kath Hall	29-Mar-11
05-Apr-11					Barry Jackson Talk			N/A	05-Apr-11
12-Apr-11	OT6 / OT7				Club Open Evening	Ocean		Sam Shaw	12-Apr-11
19-Apr-11	OT7					Ocean			19-Apr-11
26-Apr-11	No Club Easter	No Club Easter	No Club Easter	No Club Easter	No Club Easter	No Club Easter	29-2nd - Farne Islands Plymouth	No Club Easter	26-Apr-11
03-May-11	No Club May Day	No Club May Day	No Club May Day	No Club May Day	No Club May Day	TRY DIVES	7th - Chepstow		03-May-11
10-May-11	EXAM			CHARTWORK VOYAGE PLANNING		TRY DIVES	13/14/15th - Chartwork Weekend		10-May-11
17-May-11								Steve Beesley	17-May-11
24-May-11									24-May-11
31-May-11	No Club Spring Bank Holiday	No Club Spring Bank Holiday	No Club Spring Bank Holiday	No Club Spring Bank Holiday	No Club Spring Bank Holiday	No Club Spring Bank Holiday	No Club Spring Bank Holiday	No Club Spring Bank	31-May-11
07-Jun-11	OT1				Truk Talk	Ocean	11th - Stoney Cove	Sam Shaw+Nigel Spickett	07-Jun-11
14-Jun-11	OT2 / EXAM					Ocean			14-Jun-11
21-Jun-11	OT3					Ocean	24/25th - Lymington / Isle of White		21-Jun-11
28-Jun-11	OT4		AT4		Lake Malawi Presentation	Ocean	2/3rd - Farne Islands	Sam Shaw	28-Jun-11
05-Jul-11	OT4 / OT5					Ocean			05-Jul-11
12-Jul-11					Tables Revision	Ocean	15-18th - Scotland		12-Jul-11
19-Jul-11									19-Jul-11
26-Jul-11									26-Jul-11
02-Aug-11							6th - Standford Hall Fireworks		02-Aug-11
09-Aug-11							11-15th - Weymouth		09-Aug-11
16-Aug-11									16-Aug-11
23-Aug-11									23-Aug-11
30-Aug-11	No Club August Bank Holiday	No Club August Bank Holiday	No Club August Bank Holiday	No Club August Bank Holiday	No Club August Bank Holiday	No Club August Bank Holiday	No Club August Bank Holiday	No Club August Bank	30-Aug-11
06-Sep-11							10/11th - TBA		06-Sep-11
13-Sep-11				COMPRESSOR OPERATORS COURSE					13-Sep-11
20-Sep-11									20-Sep-11
27-Sep-11	AGM	AGM	AGM	AGM	AGM	AGM	AGM	AGM	27-Sep-11
04-Oct-11									04-Oct-11
11-Oct-11									11-Oct-11
18-Oct-11	OCEAN	SPORTS	DIVE						18-Oct-11
25-Oct-11	DIVER	DIVER	LEADER						25-Oct-11
01-Nov-11	TRAINING	TRAINING	TRAINING						01-Nov-11
08-Nov-11	WILL	WILL	WILL						08-Nov-11
15-Nov-11	RUN	RUN	RUN						15-Nov-11
22-Nov-11	ON	ON	ON						22-Nov-11
29-Nov-11	DEMAND	DEMAND	DEMAND				3rd - Christmas Meal		29-Nov-11
06-Dec-11									06-Dec-11
13-Dec-11									13-Dec-11
20-Dec-11	Christmas Quiz	Christmas Quiz	Christmas Quiz	Christmas Quiz	Christmas Quiz	Christmas Quiz	Christmas Quiz	Christmas Quiz	20-Dec-11
27-Dec-11	No Club Christmas	No Club Christmas	No Club Christmas	No Club Christmas	No Club Christmas	No Club Christmas	No Club Christmas	No Club Christmas	27-Dec-11

Members Dives 2011 - August

Hi All,
Continuing from last month's theme, when I was making allowances for the influence of the falling number of people in the club on our stats, this month I am presenting a chart showing the average number of dives for each member. This corrects for the number of members and hence is a good indication of how active the club membership is. As you can see on the chart we are doing better than 2008 and 2009, but not as good as 2006, 2007 & 2010.

Of course there are the enthusiasts (Nigel, Bill etc) who may be unimpressed on the average dive numbers of 20-35/year - but that's what averages are all about!

Overleaf is the chart of all dives so far this year - only 515 dives so far... come on we can do better!



	Number of Dives	TOTAL TIME (Mins)	TOTAL (Hours)	Instructor /Trainer Time (Mins)	Time x Depth Total	Club Arranged Dives	Inland Dives	Coastal Dives	Foreign Dives	Wreck Dives	Reef Dives	Drift Dives	Other Dives	Night Dives	Training	Instructor / Trainer	Maximum Depth	Average Depth	Minimum Dive Length	Maximum Dive Length	Average Dive Length	0-10	10-15	15-20	20-25	25-30	30-40	40-50	50+
Johnson Bill	67	2705	45.1	205	81205	58	31	10	26	31	3	2	31		8	7	57.6	28.4	8	61	40	2	2	6	19	10	18	8	2
Spickett Nigel	61	2465	41.1	391	72377	59	23	11	27	31	3	2	25		12	12	49.7	28.0	19	61	40		4	6	17	9	16	9	
Barnard Pete	41	1634	27.2		40304	14	13	19	9	13	14	1	13				42.2	23.6	12	81	40	2	6	3	15	4	10	1	
Hall Kath	33	1471	24.5		28092	11	7	9	17	9	16	1	7				32.9	18.5	27	70	45	6	5	6	10	4	2		
Hall Richard	33	1462	24.4	138	27672	11	7	9	17	9	16	1	7		4	4	32.9	18.2	20	70	44	7	5	7	8	4	2		
Marshall Derek	31	1328	22.1		25500	2	6	6	19	11	13		7				31.2	19.3	21	62	43	2	7	3	14	4	1		
Brown Claire	26	1034	17.2	107	20949	18	18	8		3	4	1	18	6	3	3	53.5	18.3	15	80	40	8	4	2	7	1	3		1
Hill Mike	21	951	15.9	75	26315	9	12		9	7	2		12	1	2	2	42.2	27.5	22	81	45	1			9	1	9	1	
Brown Neil	25	923	15.4	126	19211	12	12	13		4	8	1	12	2	4	4	52.0	17.9	12	80	37	8	5	3	3	1	4		1
Beesley Steve	19	849	14.2		16940	19	15	4		2	2		15	3	2		35.7	19.3	22	61	45	3	1	2	10	2	1		
Flatt Mike	18	780	13.0	171	12817	18	9	9		4	5	1	8	1	4	4	31.3	16.0	26	62	43	4	3	4	6		1		
Shaw Sam	14	647	10.8		11575	14	10	4		2	2		10	2	2		24.2	17.6	26	62	46	2	1	4	7				
Denny Phillipa	17	607	10.1		6464	17	13	4		1	3	1	12	4	7		21.0	10.6	23	49	36	10	4	1	2				
Jacques Dave	13	581	9.7		13378	13	13						13	2	4		35.1	22.5	37	53	45	2			7	1	3		
Parker Kevin	9	569	9.5		30430	1	5	4		4			5		1		68.2	51.7	39	109	63					3		6	
West Jason	15	440	7.3		5734	15	15			1			14	5	5		21.2	12.4	14	43	29	8	1	1	5				
Taylor Chris	9	336	5.6		4996	9	4	5		1	3	1	4	2			30.8	13.6	21	51	37	5	1		2		1		
Walford Barry	7	319	5.3		5692				7	4	3						28.9	18.2	32	58	46		3	2	1	1			
Hage James	11	318	5.3		5724	3	11			3				8	1		24.9	19.1	20	44	29	2		1	8				
Hooper John	5	276	4.6		14010	1	5						5		1		65.0	48.9	39	65	55						2	3	
Fryer Richard	8	202	3.4		3109	8	8						8		8		21.4	15.0	17	32	25	2	2		4				
Scully Sean	6	177	3.0		1666	6	3	3		1	3		2	1	2		21.5	9.7	20	39	30	5			1				
Benton Simon	5	172	2.9		2359			5		2	3						25.5	14.1	17	47	34	1	3			1			
Duinker Fran	5	166	2.8		3484	1	1	4		2	2		1				30.8	21.0	27	40	33	1	1		1		2		
Shaw Emily	4	157	2.6		2406	4	1	3		2	1		1				18.0	14.4	26	45	39	1		3					
Tomlin Neil	4	132	2.2	40	1586	4	2	2		1		1	2		2	2	17.3	10.5	17	54	33	2	1	1					
Walford Karen	3	101	1.7		1012				3	1	2				2		10.1	10.0	24	45	34	1	2						
Goddard Dave	2	65	1.1		1280	2	2						2	2			26.6	16.4	22	43	32	1				1			
Litchfield Phillip	2	43	0.7		594			2		2							14.1	13.8	17	26	22		2						
Burke Sean	1	29	0.5		632	1	1						1	1			21.8	21.8	29	29	29				1				
TOTALS	515	20939	349.0	1253	487513	330	247	134	134	151	108	13	243	33	73	38						86	63	55	157	44	78	19	13

Ian Jennings